

## BP101T. HUMAN ANATOMY AND PHYSIOLOGY-I (Theory)

45 Hours

### Course Content:

#### Unit-I

10 hours

**Introduction to human body:** Definition and scope of anatomy and physiology, levels of structural organization and body systems, basic life processes, homeostasis, basic anatomical terminology.

**Cellular level of organization:** Structure and functions of cell, transport across cell membrane, cell division, cell junctions. General principles of cell communication, intracellular signaling pathway activation by extracellular signal molecule, Forms of intracellular signaling: a) Contact-dependent; b) Paracrine; c) Synaptic; d) Endocrine.

**Tissue level of organization:** Classification of tissues, structure, location and functions of epithelial, muscular and nervous and connective tissues.

#### Unit-II

10 hours

**Integumentary system:** Structure and functions of skin.

**Skeletal system:** Divisions of skeletal system, types of bone, salient features and functions of bones of axial and appendicular skeletal system. Organization of skeletal muscle, physiology of muscle contraction, neuromuscular junction.

**Joints:** Structural and functional classification, types of joints movements and its articulation.

#### Unit-III

10 hours

**Body fluids and blood:** Body fluids, composition and functions of blood, hemopoiesis, formation of hemoglobin, anemia, mechanisms of coagulation, blood grouping, Rh factors, transfusion, its significance and disorders of blood, Reticulo-endothelial system.

**Lymphatic system:** Lymphatic organs and tissues, lymphatic vessels, lymph circulation and functions of lymphatic system.

#### Unit-IV

08 hours

**Peripheral nervous system:** Classification of peripheral nervous system: Structure and functions of sympathetic and parasympathetic nervous system. Origin and functions of spinal and cranial nerves.

**Special senses:** Structure and functions of eye, ear, nose and tongue and their disorders.

#### Unit-V

07 hours

##### Cardiovascular system

Heart – anatomy of heart, blood circulation, blood vessels, structure and functions of artery, vein and capillaries, elements of conduction system of heart and heartbeat, its regulation by autonomic nervous system, cardiac output, cardiac cycle. Regulation of blood pressure, pulse, electrocardiogram and disorders of heart.

## **BP107P. HUMAN ANATOMY AND PHYSIOLOGY (Practical)**

**4 Hours/weeks**

1. Study of compound microscope.
2. Microscopic study of epithelial and connective tissue.
3. Microscopic study of muscular and nervous tissue.
4. Identification of axial bones.
5. Identification of appendicular bones.
6. Introduction to hemocytometry.
7. Enumeration of white blood cell (WBC) count.
8. Enumeration of total red blood corpuscles (RBC) count.
9. Determination of bleeding time.
10. Determination of clotting time.
11. Estimation of hemoglobin content.
12. Determination of blood group.
13. Determination of erythrocyte sedimentation rate (ESR).
14. Determination of heart rate and pulse rate.
15. Recording of blood pressure.

### **Recommended Books (Latest Editions)**

- Anatomy and Physiology in Health and Illness by Kathleen J.W. Wilson, Churchill Livingstone, New York.
- Physiological Basis of Medical Practice by Best and Taylor, Williams & Wilkins Co, Riverview, MI, USA.
- Textbook of Medical Physiology by Arthur C, Guyton and John, E. Hall, Miamisburg, Ohio, U.S.A.
- Principles of Anatomy and Physiology by Tortora Grabowski. Palmetto, GA, U.S.A.
- Human Anatomy and Physiology by Marieb E.N., Benjamin Cummings, Pearson Education Inc., San Francisco.
- Preventive and Social Medicine by Park K., Banarsidas Bhanot Publishers, Jabalpur.
- Anatomy and Physiology in Health and Illness by Ross & Wilson Churchill Livingstone, London.
- Essentials of Anatomy and Physiology by Seeley R.R., Stephens T.D. and Tate P. McGraw-Hill, New York.
- Health Education and Community Pharmacy by Parmar N.S., CBS Publishers, Delhi.
- Health Education and Community Pharmacy by Dandiya P.C., Zafer Z.Y.K., and Zafer A. Vallabh Prakashan, Delhi.
- Samson Wright's Applied Physiology by Keele C.A., Niel E. and Joels N., Oxford University Press, New York.
- Human Physiology - Volume 1 and 2 by Dr. C.C. Chatterjee, Academic Publishers, Kolkata.