

Understanding Harmony in The Family & Society :-

* Understanding Harmony In The Family *

Family as The Basic unit of human Interaction!"

Each one of us naturally a part of a family that includes father, Mother, brothers and sisters. Then there are other relations such as grand parents, aunts, uncles, cousins, nephews, nieces etc. These relationships are a reality of our life for each one of us.

The family is The basic unit of human interaction. It is The ancher that roots us. (Ayan)

It gives us both roots to hold and wings to fly. It is not surprising that children who grow up in happy families are more successful and well-adjusted in life. These is a set of proposals about the families for us to verify -

1. Relationship **is** and it exists b/w The Self (I) and The other Self (I).
2. The Self (I) has feelings in a relationship. These feelings are between I and I.
3. These feelings in The Self (I) are definite Ex-) They can be identified with definiteness. (Trust, Respect, Love)
4. Recognizing and fulfilling these feeling leads to Mutual Happiness in relationship.

What does family harmony mean?

Social Harmony is defined as a process of valuing, expressing, and promoting love, trust, admiration, peace, harmony, respect, generosity and equity upon other people in any particular society regardless of their national origin, weight, Marital Status, ethnicity, color, gender, race age & occupation etc.

- ⇒ Harmonious relationships are maintained through healthy families.
- ⇒ The Society is an extension of family

It is possible to live in harmony with every human being.

Harmony in the family is the building block for harmony in the society. Harmony in the leads to an undivided society (Akhand Samaj) when we feel related with each other.

- Types of families -

- 1) Nuclear family :- A nuclear, family elementary family or conjugal family is a family consisting of parents and their children (one or more)
- 2) Joint or Extended family :-
Extended families include at least three generations - grandparents, married offspring, and grandchildren
Joint family: Joint families are composed of sets of siblings, their spouses, and their dependent children.
- 3) Single parent family
A single parent is a person who lives with a child or children and who does not have a spouse or live-in partner.

- 4) Binuclear and Re-constituted families
 A post-divorce family with children, consisting of the original nuclear family divided into two families, one headed by the Mother, one by father.

Function of family unity

Love & cooperation

Kinship: Kinship is considered as a social connection that links individuals with families.

Ways to Maintain Harmony in family.

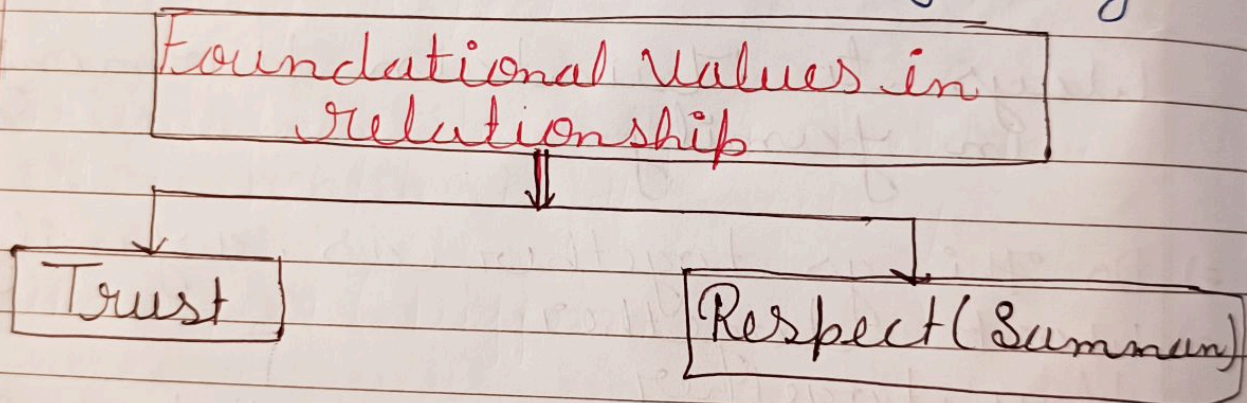
- => Do things together as a family
- => work together
- => play together
- => Avoid preaching and lecturing
- => Blend kindness and firmness in disciplinary action.
- => let a sweet influence pervade the home.
- => (Parents should create harmony with family by surrounding joy & cheerfulness)
- => Family is a foundation of society.

Understanding values in human
- human Relationship
(Concept of Human - human Relationship)

The relationship exist between the two individuals is known as a human - human relationship.

Q1
Relationship exist between the Self (I) and the Self (I) of the other,

This relationship involves nine fundamental values & feelings:-



Other Salient Values in Relationship

1. Affection (Sneha)
2. Care (Manata)
3. Guidance (Vatsalya)
4. Reverence (Shraddha)
5. Glory (Gaurava)
6. Gratitude (Kritagyata)
7. Love

Reason for poor human-human Relationship :-

- ⇒ Avoidance
- ⇒ Burnout
- ⇒ Incompatibility
- ⇒ Lack of enthusiasm

Understanding The Meaning of Respect (Summan)

- ⇒ "Respect is a foundational value in a relationship."
- ⇒ "Respect (Summan) Means 'right evaluation'."

Differentiation (disrespect)

The right evaluation of respect cannot be done and there is no actual sense of relationship, only it can be differentiated based on the below three grounds:-

- 1) On the basis of body (gender, race, age, physical strength).
- 2) On the basis of Physical Strength (wealth, status).

3) On the basis of beliefs (Ism's
 "defined as any belief in respect
 of an individual's own thinking
 process), such people respect
 those who belong to the same sect
 or have a common belief system.

Respect :- Respecting involves right
 evaluation or assessment.

Right evaluation and proper understand-
 ing which leads to fulfilment of
 relationship is responsible for
 building respect.

It involves showing respect for
 other people in the society.

Disrespect (Differentiation)

Differentiation is the lack of
 right understanding of respect.

Differentiation can take place
 in any of the following forms:-

a) Power play and domination.

b) class struggle.

c) Caste struggle

d) gender bias, Generation gap.

Differentiation generates problems in the society that degrades respect shown to other people in the human society.

Extended Relationship from family to society.

- ⇒ Harmony within society can be developed through harmony in the family, since the family is the foundational block of society.
- ⇒ It is necessary to develop harmony in the family so as to develop harmony in the society, when harmony will be developed it will give rise to an undivided and united society.

also known as "akhund samay"

- ⇒ Every person in akhund samay feels related with other persons.
- ⇒ When all the opinions and values in the society align with each other resulting to a collective outcome then this ideal state can be considered as social harmony.

Harmony in Society can be related with utopia, which is considered as a society where there is no conflict and violence occurs.

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→ Social Harmony maintain a balance between economic aspects within a civil society.

Cross-cultural understanding,
re-negotiating, respecting, Maintaining
balance between power relations.

Comprehensive Human Goals in
Understanding harmony in Society

1. Right understanding (Samadhana)
⇓
In every Individual
2. Prosperity (Samridhi)
⇓
In Every Family
3. Fearlessness Trust (Abhay)
⇓
In The Society
4. Co-existence (Saha-astitva)
⇓
In The nature

Following are considerations required for understanding the relation among four goals.

- 1) Right understanding
- 2) Prosperity
- 3) Fearlessness
- 4) Co-existence

- 1) There should be right understanding individuals. They are the foundational values of harmony within the society.
- 2) Right understanding will lead towards the identification of physical facilities needed in any family, resulting to which there will be high prosperity & productivity.
- 3) The two goals, mentioned above need to be achieved for developing fearlessness in the society. The prosperity within families will be ensured through the right understanding among individuals. The right understanding develops harmonious relations & mutual trust among the societies.

Samadhan (Right understanding) :-

right understanding of all basic values.

universal happiness can be attained by proper evaluation of relationship

which can be done by having a right understanding of relationship and its values.

Prosperity in family :-

every family have the desire of prosperity, presence of prosperity in any family can be identified when family has the capability to recognise its needs and fulfil or produce more than the required. prosperity is the stage at which individuals, families or the society experience happiness, good health, success & fortune.

Fearlessness (trust) :-

In the Society.

Co-existence with nature :-

It means human beings should protect the natural resources, so nature can protect us.

Visualising a universal harmonious order in society

There are two ways through which one can attain universal harmonious order in the society

These are as follows :-

- ① undivided society
- ② universal order

undivided society :- An integral human centric society which concentrates on higher human goals is known as an undivided society or **ukhand Samaj**.

It is a society where every individual, belonging to different religion & belief, works together for the welfare & advancement of the society.

How to Make undivided Society

Educating Society by conducting Seminars, Street plays & workshop

Imparting value education in educational institutions.

Helping in implementation of values to the real world.

2) Universal order:-

Universal order is the understanding of individual's freedom with respect to universe.