

→ Definition & scope of Anatomy & Physiology

- i) Human body = highly complicated and sophisticated machine.
- ii) Anatomy - (Anatomos); Study of str. of body and org-
- origin of body parts = Brain, liver, lungs, kidney, stomach etc.
- iii) Physiology - study of the functiⁿ of body str. and the way they work independently to maintain the life/health

iv) Subdisciplines of Anatomy:

- 1) Embryology; Study of origin and development of individual life from fertilizⁿ of an oocyte to the 8 week of development.
- 2) Developmental Anatomy; Study of the changes of cell tissue, organ, body as a whole undergo from the fertilizⁿ of secondary oocyte to the resulting offspring.
- 3) Histology; Tissue + study
Cells Graph-data (fracture anatomy)
- 4) Radiographic Anatomy; Study of anatomy of tissue with the help of imaging technique like X-rays = Diagnosis of ^{particular tissue} anatomy
* damage area = Light (white area), Normal = dark spot, no light part
- 5) Pathological Anatomy; Pathogen = MO = Disease, anatomy of diseased tissue

→ Subdisciplines of Physiology include

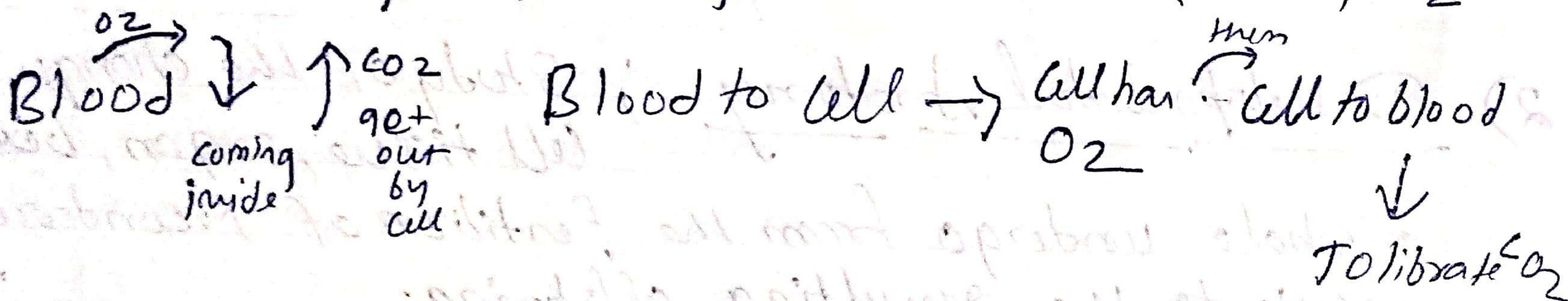
1) Endocrinology = Endo (inside) + Crine (secrete) + logy
Branch of the physiology and medicine
include study of — endocrine glands and their hormones

2) Cardiovascular physiology: Cardio + Vascular + Physiology
The study of circulatory system
heart, and blood vessels.

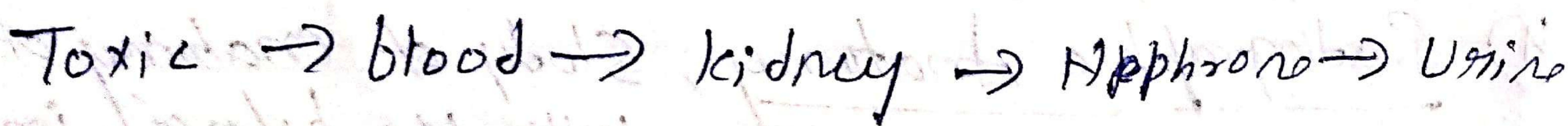


3) Immunology = Immune System + logy, study of
body's immune ^{System} and MIA of ~~the~~ body
protection from Antigen.

4) Respiratory Physiology: Respiration = $O_2 \rightarrow$ in, $CO_2 \rightarrow$ out



5) Renal Pathophysiology: Renal = kidney = blood purification
via urine format



6) Pathophysiology: Study about disordered physiological
process associated with disease of
injury or organ

CT = Loose Con. tis, Adipose tis, Cartilage tis, Ligament
 fibrous, Collagen
 E.T. = epithelium, fatum, inter. lin. 7 8, resp. lin. abd. gland.

→ Levels of Structural organization

* Level = stage or position, Organization = Groups of Unit

* Levels of organization = 06 = ① chemical ② Cellular
 ③ Tissue level ④ Organ level
 ⑤ System ⑥ Organism

1) Chemical level; Include smallest unit of matter
 = Atom (smallest part) Atoms combine to make molecule
ex: — Carbon - C, H, O
 (they represent Atom) (molecule)
 ∴ Atom + Atom = molecule = Glucose = $C_6H_{12}O_6$
 (3-diff. add up to form)

2) Cellular level: Molecules combine to form = Cell = structural and functional unit of life = performs vital activities of life
ex: - metabolism, digestion, reproduction, excretion
 (body covering)

3) Tissue level: Tissue, 4 types — ① Epithelial
 (via blood for nutrients) ② connective ③ muscular (movement)
 ④ Nervous tissue, brain, spinal cord, nerves.
 (cardiac, smooth, skeletal)

4) Organ level = Tissue type 01 + type 02/03 ×
 * Different tissue types or more than one type of tissue combine to form organ, which perform specific designated function
ex: Stomach = Digestion of food

5) System level; No. of organ with a common function are grouped into a system.

The system works interdependently to perform a pe
functⁿ. Ex: - Digestive system, Urinary system, Skeletal system

b) Organism level = All parts - functⁿ together to m
organism.

→ Summary of Various Systems in human body

① Integumentary System: It is a system which p
in from external
internal harmful stimulus / or gave protein
such as = skin, hair, nails, sebaceous glands
sweat glands.

* function: ① Protect body ② Regulate body temp.
Water content.

③ Detect sensation like warmth, cold & touch.

② Skeletal System: Components = bone cartilage, Jo

* funcⁿ: ① Support and protect body ② help in movement
③ manufacture blood in red bone marrow

③ Muscular System; muscle = skeletal smooth, car

* funcⁿ: ① Allow locomotⁿ ② Push food through
GI tract ③ Push blood through B.V

④ keep of heart.

Integument : A tough outer protective layer, made of

Spleen - store & filter blood & make wbc

4) Nervous System : Components = Brain, Spinal cord, nerves
(control, make const. homeostasis)

* funcⁿ : ① Control and regulate other systems
② Detect changes in internal & Ext. environment (Vomiting, Pain, injury)
③ Give appropriate response (detect → stimuli → response)

5) Endocrine System : - Component = Endocrine glands
(growth by growth hor. produced by hypothalamus)

* funcⁿ : Produce hormone and regulate body functions

6) Cardiovascular System : = Components = Heart, B.V

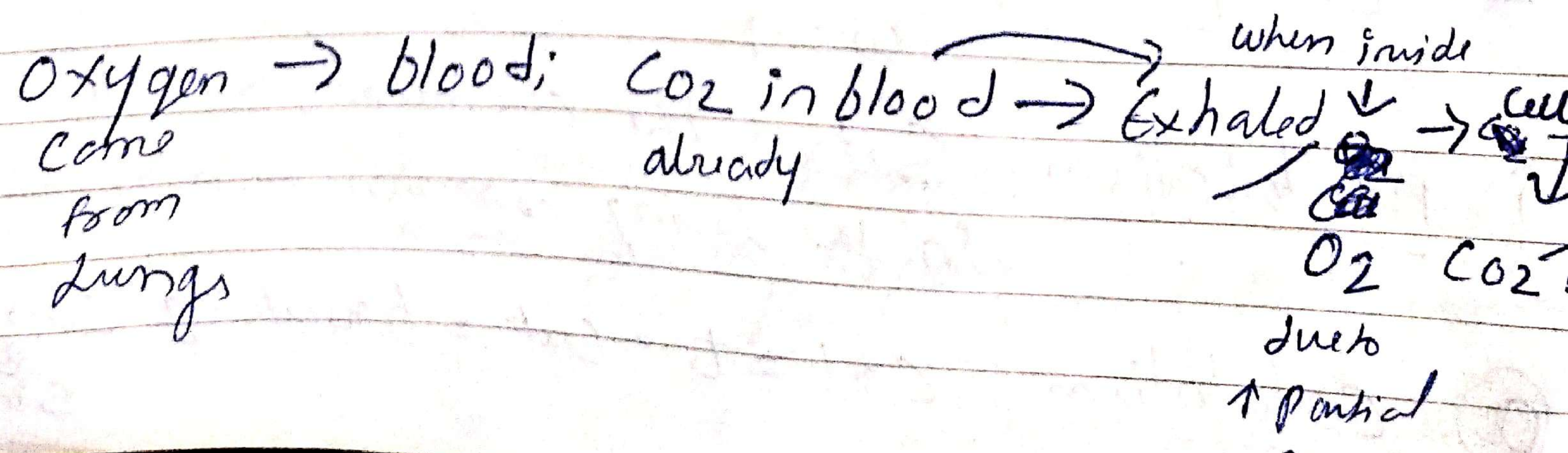
* funcⁿ = ① Heart pumps blood through B.V
② Blood carry O₂ and nutrient to cell
③ Take CO₂ and waste away from body.

7) Lymphatic System - Components = lymph, lymph vessels, lymph node, spleen
Lymph (fluid that travel through lymph) → contain wbc, fight inf.

Thymus
* funcⁿ : ① Prevent body from infection
② Absorb fat from intestine & carries it to blood.

8) Respiratory System : Component = lung, Pharynx, larynx, trachea, bronchi

* funcⁿ ; ① Transport O₂ from inhaled air to blood
② Transport CO₂ from blood to exhaled air



9) Digestive System: Stomach, intestine (small and large), Glands (diff.) = Salivary gland, liver, Pancreas

* funcⁿ: ① Physical and chemical breakdown of food and produce nutrient that can be used by our body ② Eliminate waste.

10) Urinary System: Component = kidney, ureters, bladder, urethra

funcⁿ: ① Produce, store, eliminate, urine ② Regulate acid base balance

11) Reproductive System: Components = A male = Testis, Vas deferens, seminal vesicle, prostate gland, penis

B female: Ovaries, Uterus, Uterine tube, Vagina

* funcⁿ ① Maintain sexual characteristics ② Continuation of species

⇒ Basic life process = Process of human body

* Life process = Process to live the life in a balanced way

① metabolism: Set of the chemical rxn that takes place in the living organisms to maintain life

② catabolism: Cat = t = cut = breaking
 complex
 ↓
 simple

* 11 Systems work in the body to function.

Date

Page

Staller

ex: - Protein ^{basic} → Amino acid (simple molecule)

(B)

Anabolism: = Ana = Aana = coming closer

Simplex molecule

Simplex

Complex molecule

combine

Protein (Complex)

ex: Amino Acid + Amino acid

2)

Movement: Includes = motion of either whole body, organ or single cell.

ex: Injury = movement of WBC from blood vessel to site of injury

3)

Responsiveness: Ability of body to detect and respond to any internal & external changes

ex: Endocrine cells in the pancreas (β-cells) = detect ↓ sugar = ↑ insulin = ↑ level

4)

Growth: ↑ in body size via hypertrophy = ↑ cell size
• Hyperplasia = ↑ in no. of cell
O = O or / and
O = 0000

5)

Differentiation: Cell develops from unpecialized state to specialied state with different forms and funcⁿ from its unpecialized ancestor cell

ex: Red bone marrow contains unpecialized cell that differentiate to form — RBC & diff. types of WBC

6)

Reproduction: Cell division & formatⁿ of new cell for either growth/repair / replacement

⇒ Homeostasis = Balance

* Homeostatic = Homeostatic = maintaining home environment

* Definition - Condition of equilibrium that is maintained by keeping body's internal environment within narrow limit.

* Homeostasis word was coined by - American physiologist Walter B. Cannon. Significant were discovered by - French Scientist = Claude Bernard.

Cells in the body are surrounded by - ^{fluid blood cells} interstitial fluid which is referred as - body's internal env. It serves to provide glucose, oxygen, ions needed by the cell, also remove cellular waste.

The composition of interstitial fluid undergo changes, there is continual exchange of substance b/w the interstitial fluid and plasma present in the blood capillaries.

Regul'n of interstitial fluid composition is essential to maintain the proper functioning of the body's cells.

* Many factors in internal env. must be maintained in narrow limit, like - blood sugar level, O_2/CO_2 level, B.P., H_2O , electrolyte and body temp. etc.

⇒ Control of Homeostasis

* Homeostasis in human body is continually being disturbed due to changes in (A) External Env. = intense heat, ↓ BP

(B) T, O_2 , CO_2 , electrolyte level, ↓ BP

* Body regulate these changes through different components

- 1) Detector or Sensor: Detect the changes in body's internal env. that act as a stimulus, send input as a nerve signal or chemical signal to control centre
- 2) Control Center: It set the limit within which various factor must be maintain, It evaluate the input coming from detector and after certain adjustment it generate the output in the form of nerve impulse or hormone and send it to Effector
- 3) Effector: It is a body str. that receive output from control center and produce a response or an effect that brings the condition back to its normal state.

* $\text{Heat} \rightarrow \text{Detector} \rightarrow \text{Control Center} \rightarrow \text{Effector} = \text{Sweating}$

ex: \downarrow body temp \rightarrow temp sensitive nerve ^{ending} ~~center~~ detect it \rightarrow and input to control center

\downarrow
 $=$ hypothalamus in brain \rightarrow send signal to skeletal muscle \rightarrow cause body shivering the result is $= \uparrow$ body temp.

\Rightarrow Homeostasis = Feedback mechanism/system

* Feedback; Response an action taken, $\uparrow =$ information

* Type; ① \ominus feedback ② \oplus feedback $\downarrow =$ information

① One feedback : i) Response generated by effector, opp the stimulus and brings the condition back to its normal condn.

ex: \uparrow in BP (stimulus) \rightarrow detected by ^{Pressure (SI unit)} Baroreceptor ^{Barometer} \rightarrow the nerve impulse (input) to the brain (Control Centre)

\rightarrow Analyse signal \rightarrow generate output \rightarrow Send signal to heart (effector) \rightarrow \downarrow the heart rate. = Cause ch - to \downarrow BP = restore homeostasis. (120/80)

② Plus feedback : i) Response generated by effector enhance the stimulus

ex: - Uterine contraction during normal child birth.

= Initial contractions of labour (stimulus) push the body head into the Cervix of uterus \rightarrow stretch the Cervix \rightarrow stretching is then detected by stretch receptor (detector) \rightarrow send input to control center (brain)

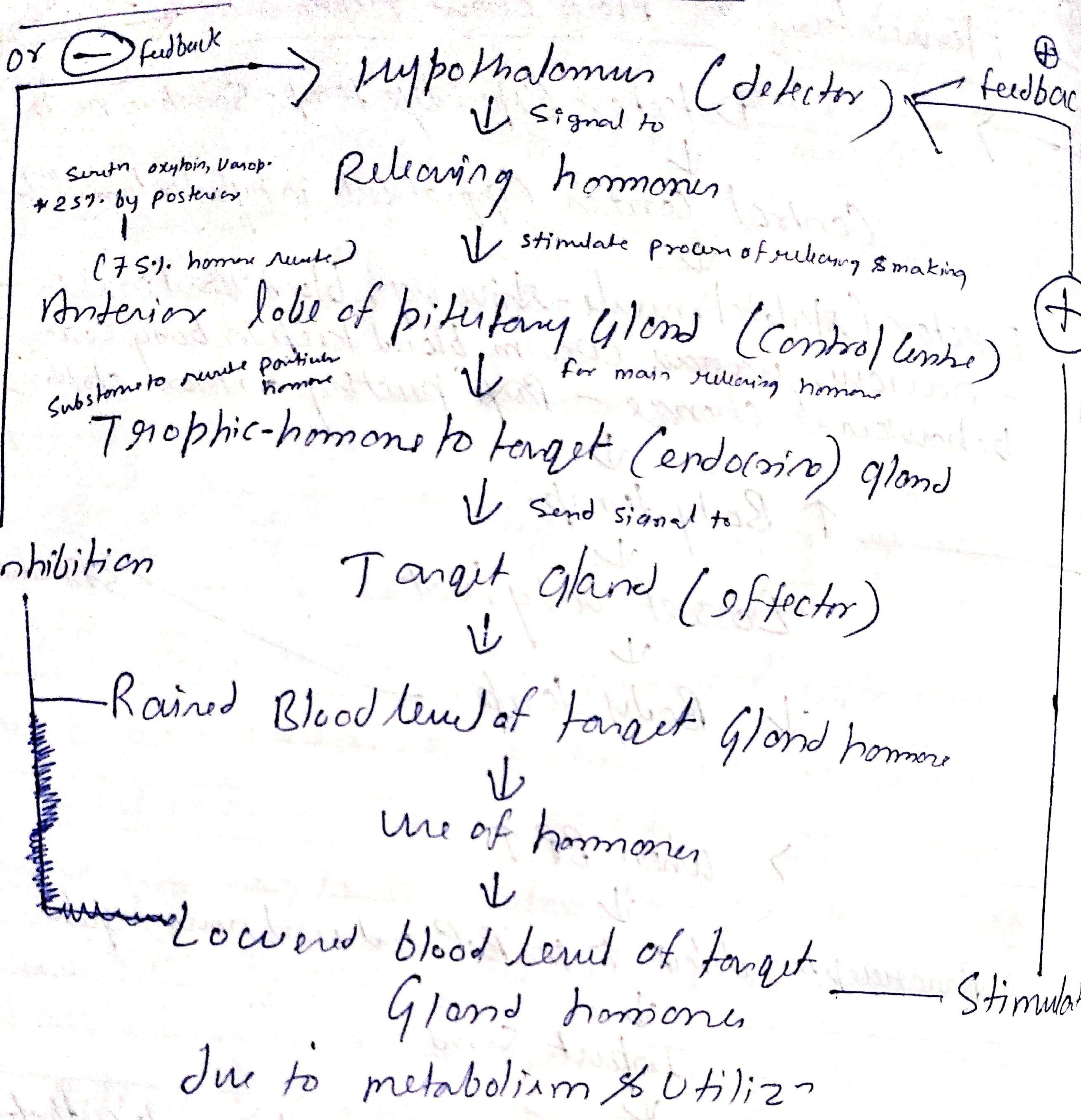
\downarrow
Release the oxytocin hormone (output) into blood

* Oxytocin further \uparrow contraction \rightarrow push baby further down to the uterus \rightarrow stretch the Cervix even more.

Garbhasya greeva
 \downarrow
narrow passage at the opening of the place where a baby grows inside a woman's body (uterus)

* Sometimes called the neck of the uterus, Cervix plays imp. role in allowing fluid to pass b/w uterus and vagina. It enable baby to leave uterus so that it can be born.

③ End feedback regulation of secretion of hormones by anterior lobe of pituitary gland:

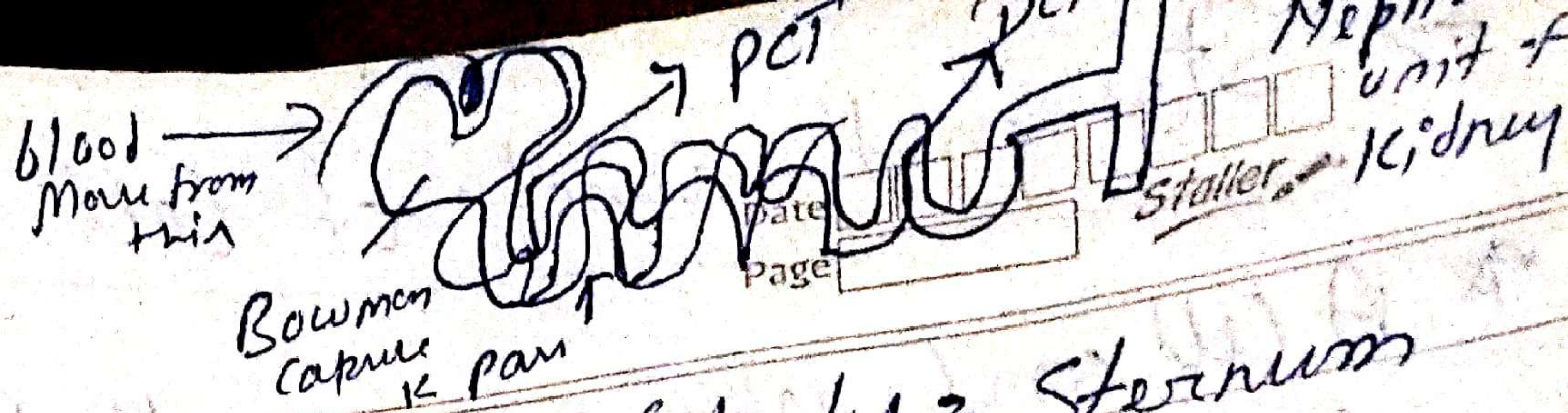


⇒ Basic Anatomical / medical terminology = Concepts

① Superior: Upper part of a structure = Head is superior to neck.

Tips: Superior = sounds like = upan

② Inferior: Lower part of a str. = mouth is lower to nose



3) Anterior: Towards the front of body = Sternum
(chest bone) is anterior to heart

Trick: Anterior = A = Aage = front

4) Posterior; Towards the back of body = Oesophagus
is posterior to trachea

Trick; Posterior = Peeche.

5) Medial = Near the midline of the body = chest is
medial to arms

Trick = Medial = middle

ex: - Arms are lateral to chest

6) Lateral = Away from the midline = lung are
lateral to heart / Means to the side of or
away from the middle of the body ex: Ears are lateral
to nose.

7) Proximal: Near to the origin or attachment = wrist
is proximal to hand.
to the body

Trick; Proximal = P = Pass = near.

8) Distal: Away from the origin or the attachment
= wrist is distal to elbow. (Kohni)

Trick; Distal = D = Doors = Away

make up 3-bones Radius, Ulna humerus
cartilage - subbing for sliding joint

9) Superficial; Toward the surface of the body = Rib
are superficial to lungs.

Trick = Superficial = surface = Satah.

(opp. to deep)
① Skin is superficial to muscle
② Cornea is superficial to sclera

10) Deep; Away from the surface of body = Bones
are deeper to skin

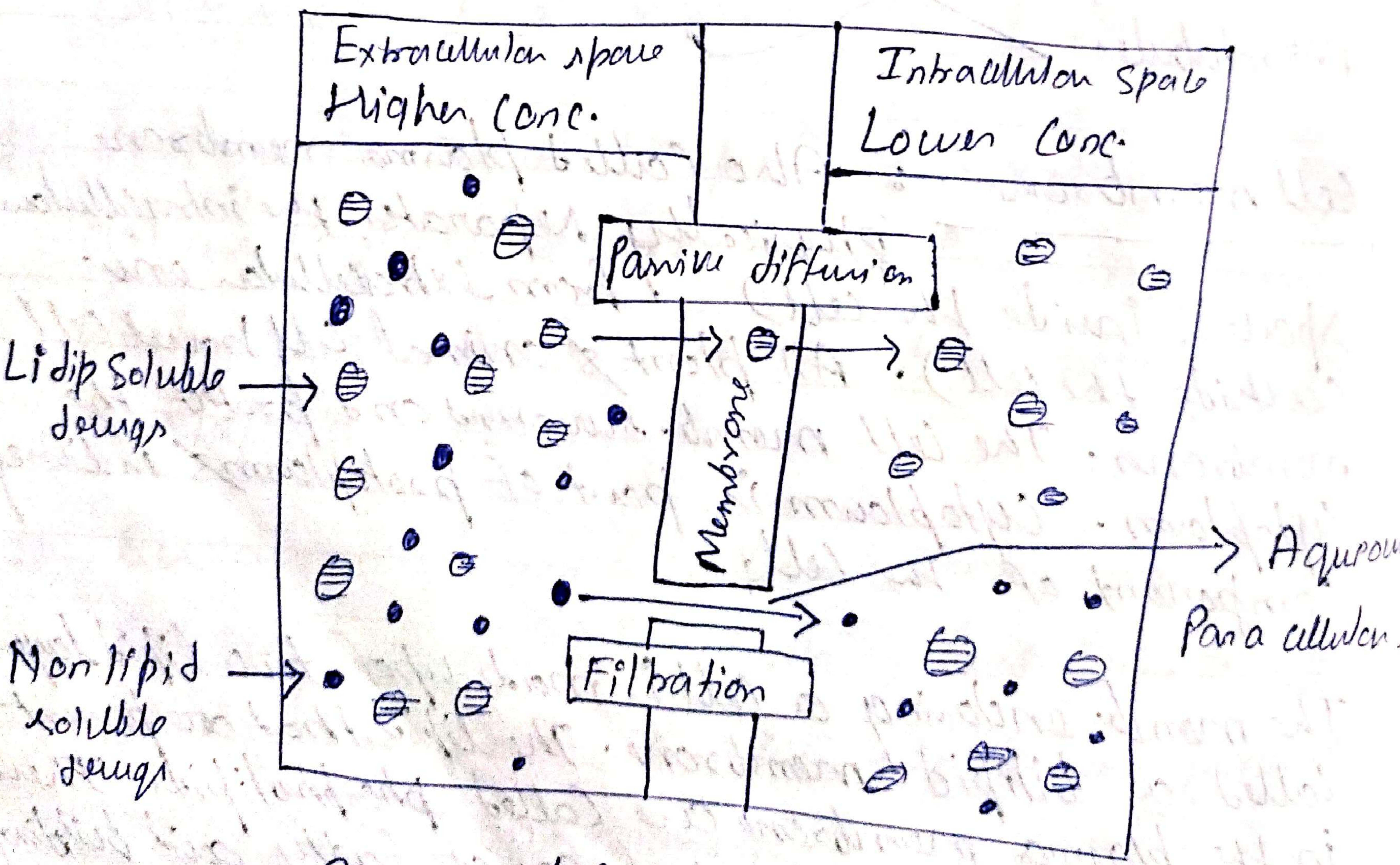
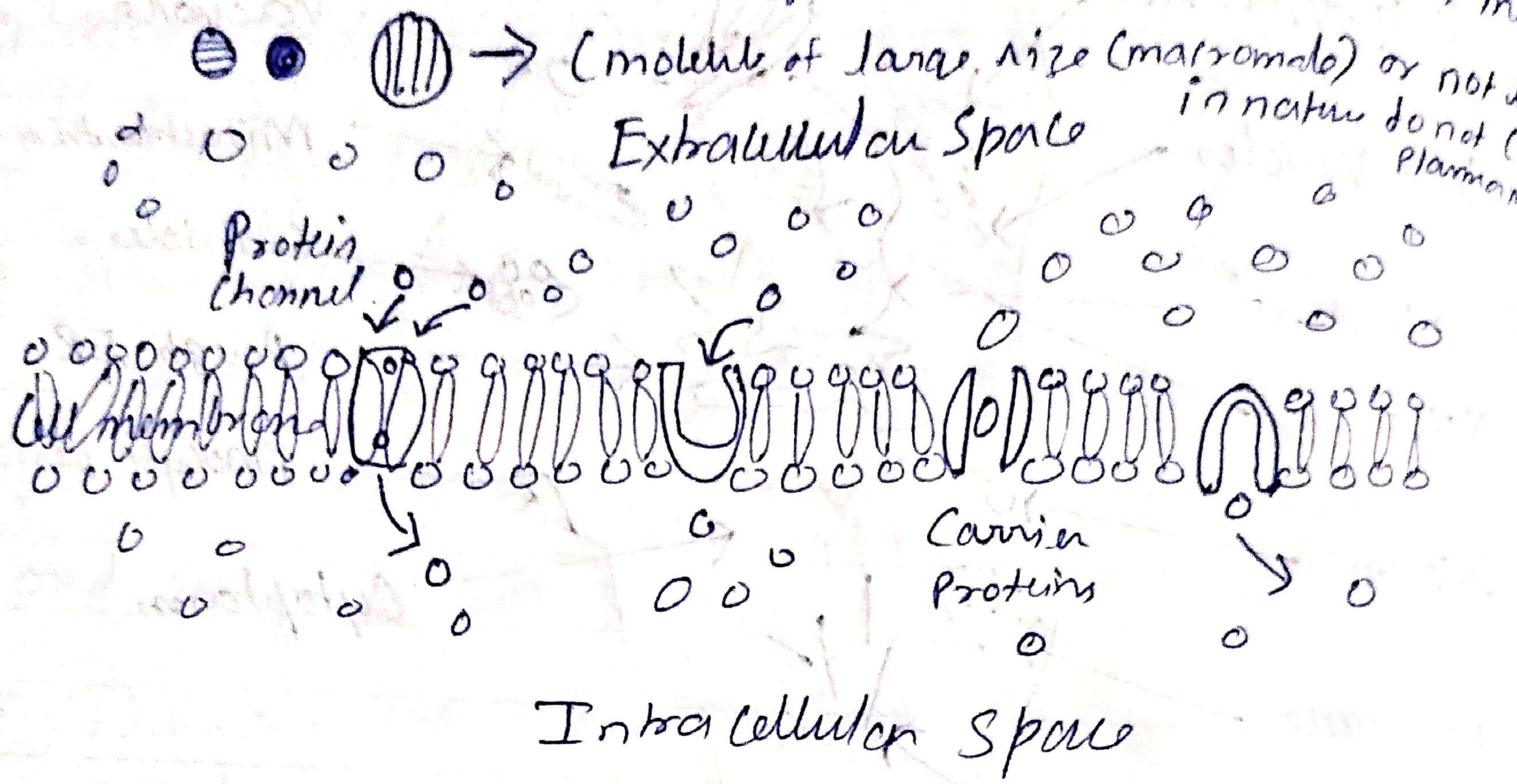
Trick; Deep = Gahra = deeper inside

⇒ Str. and functⁿ of cell

- * A cell can be defined as the smallest unit of life. It is str. functional and biological unit of all living beings.
 - * A cell can replicate itself independently and can thus self-renew as building blocks of life. Each cell contains cytoplasm which is enclosed by a membrane and contains several biomolecules like proteins, nucleic acids etc.
 - * Cells are similar to small factories with diff. labours and depts. that work all the time to make life possible. Various kinds of cells perform diff. functions like protein synthesis and energy production.
 - * There are two major kinds of living org. based on their cellular str. ① Prokaryotes ② Eukaryotes.
- ### # Prokaryotes are made up of cells with no nucleus. They all are single-celled org. including archaebacteria, ~~archae~~ bacteria, and photosynthetic blue-green algae which are also cyanobacteria.
- ### # Eukaryotes consist of cells with a nucleus. This large category includes all plants, fungi (molds, yeast, and mushrooms), protozoa (P. falciparum and parasite that cause malaria) and animals.
- * Plasma membrane is responsible for monitoring transport of nutrients and electrolytes in and out of the cell also helps

two diff. parts to it - small water loving head -
 -phillic head. ~~hydro~~ The other part of this fatty
 is a long water repelling or water hating tail.

* This tail is hydrophobic - The plasma memb. is
 in such a way that the tails face each other
 the inside and heads face towards outside of m.

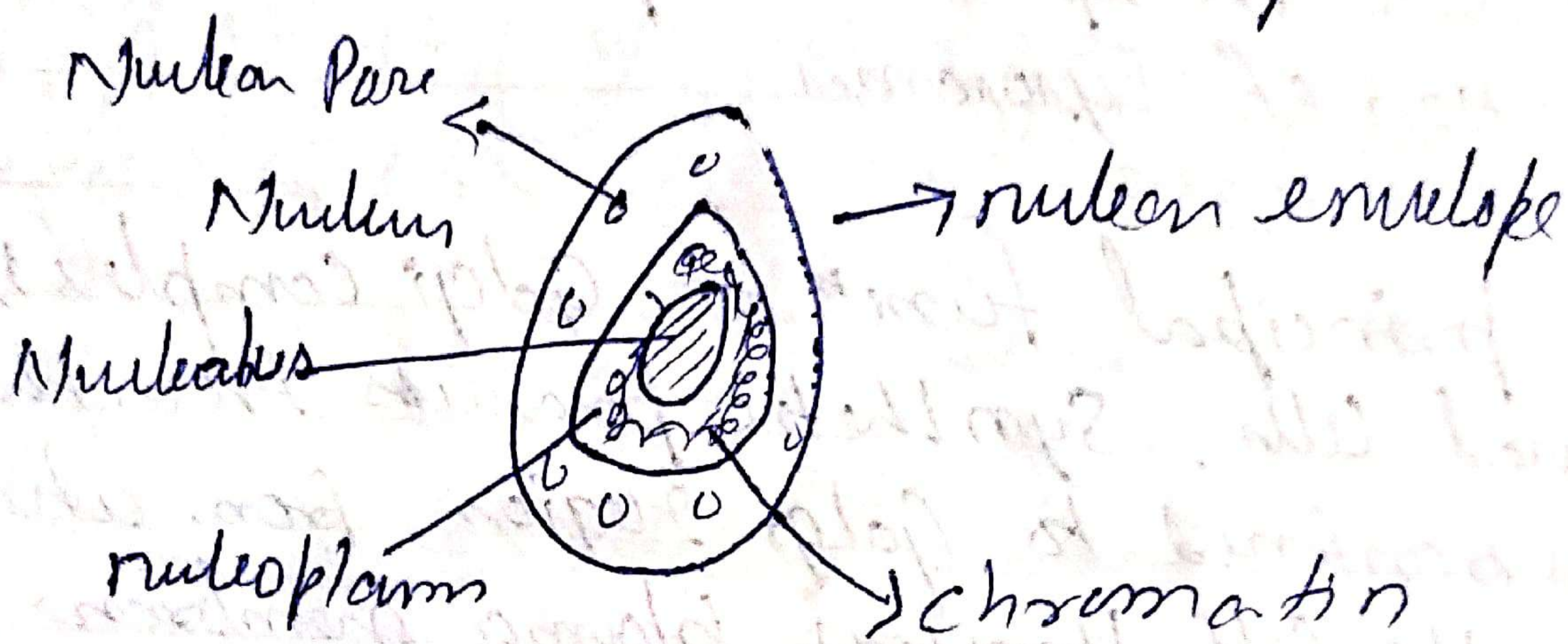


Passive diffusion & filtration across the lipid biological membrane.

* Ribosome in the site of protein synthesis, Nucleolus is an indirect but crucial role in protein synthesis assembling ribosomal subunits.

* The nucleolus carries out 50% of total RNA that takes place in cell. This functionality about to hundreds of rRNA genes that are present in nucleolus.

* It produces 70-90% of cellular RNA in many cells. It is a source of rRNA. The chromatin in nucleolus contains genes or ribosomal DNA for coding rRNA.



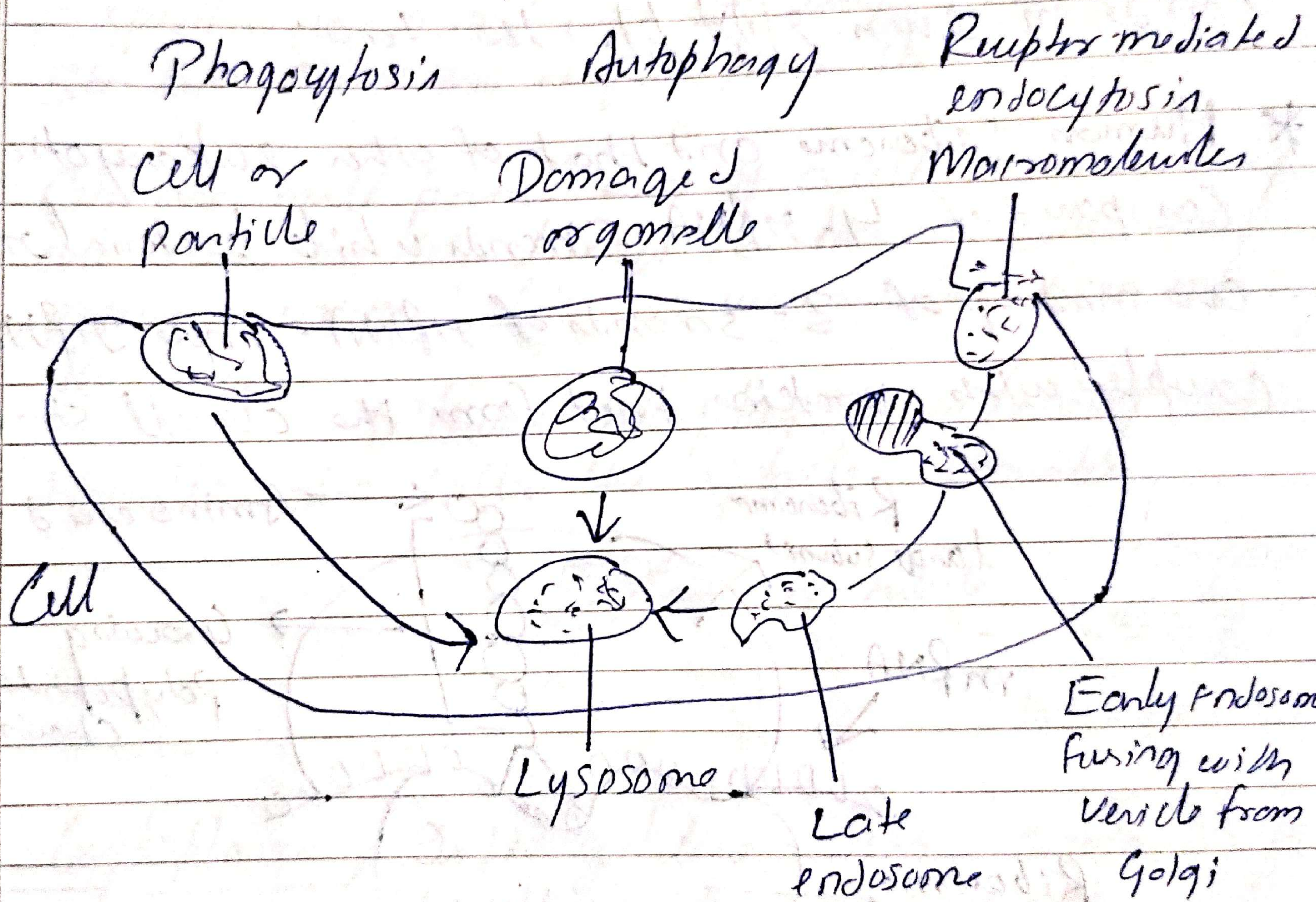
→ Lysosomes: Its function is to remove waste as well as destroying a cell after it has died, called autolysis. A lysosome is a organelle containing digestive enzymes which is used to function on the digestion and waste removal for cells, food particles, bacteria etc.

The membrane contains acids and enzymes capable of digesting and decomposing macromolecules. Macromolecules are molecules with a large no. of atoms, such as nucleic acid, synthetic polymers and proteins.

* Its general function is to degrade or break down macromolecules, which include proteins, old and worn out cell parts to recycle their components and maintain

Harmful toxin or bacteria safe by degrading them. They process many vacuoles which move either in or out of the cell, ensuring things run smoothly

* Exocytosis is how materials leave a cell through the cell membrane. ATP energy is used to transport the vacuole containing material outside the cell. The lysosomes which are responsible for this process are called secretory lysosomes.

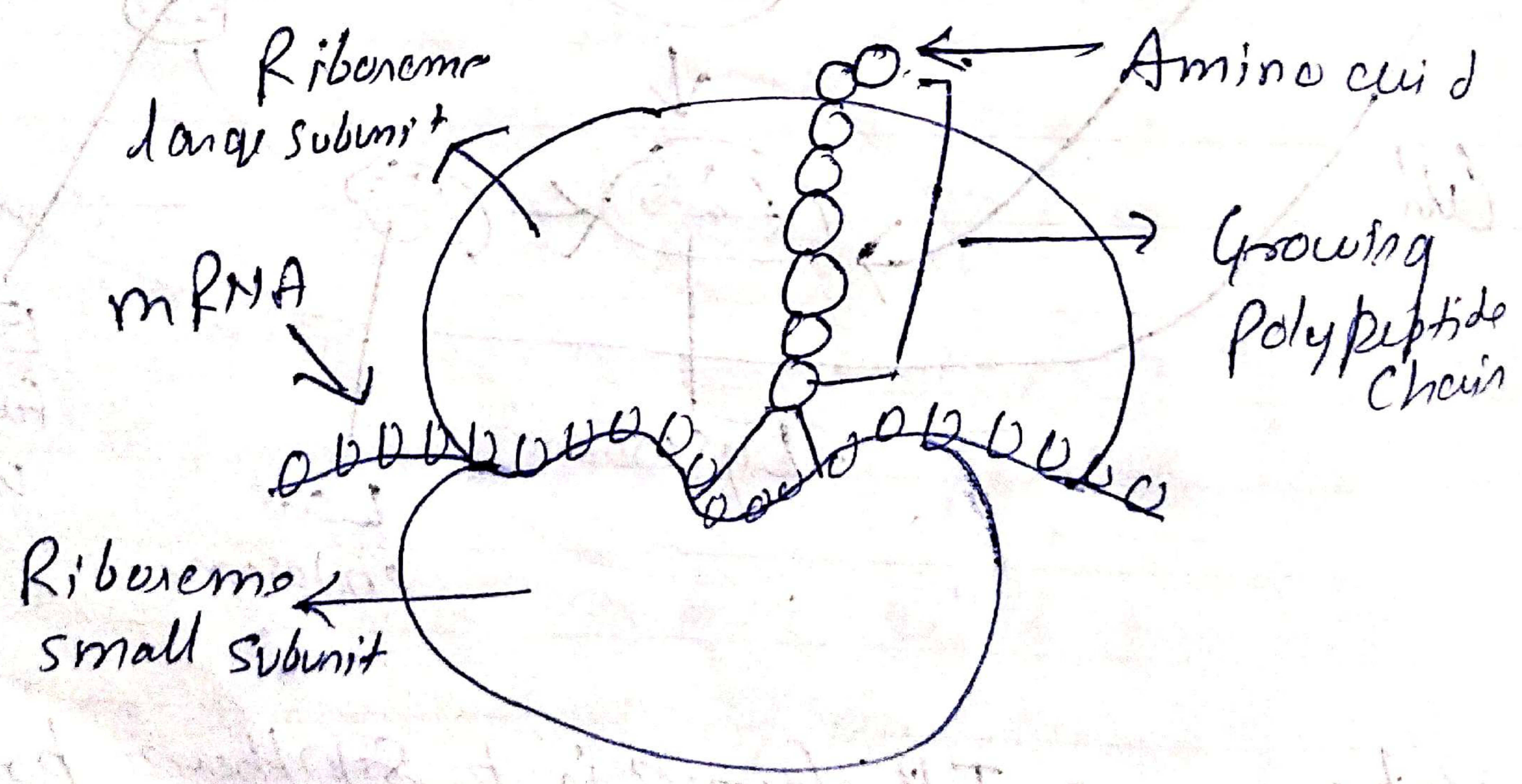


⇒ Ribosome; Its function is to synthesize proteins as directed in mRNA. Ribosome helps in producing proteins with many diff. function in body they can be found within cytoplasm or ER. Ribosomes are responsible for protein synthesis, they are located

in few particles throughout the cell in both prokaryotic & eukaryotic (bacteria & us) cells. They can also be attached to Rough ER b/c the rough ER help in production & movement of proteins.

* Ribosomes also found in mitochondria & chloroplast. - ribosomes are composed of rRNA and r-proteins. rRNA ratio b/w the two components varies as prokaryotes are 60% rRNA and 40% protein while eukaryotes can be an even split b/w the two.

* Human ribosome and that of other eukaryotic are composed of 4 rRNA strands while bacterial ribosomes are made up of 3 strands of rRNA. These rRNA coupled with proteins that form the overall structure.



→ Microtubules; Are microscopic hollow tubes made up of proteins α & β -tubulin. They are part of cell's cytoskeleton, a network of protein filaments that extends throughout the cell, give cell shape and keep it organized.

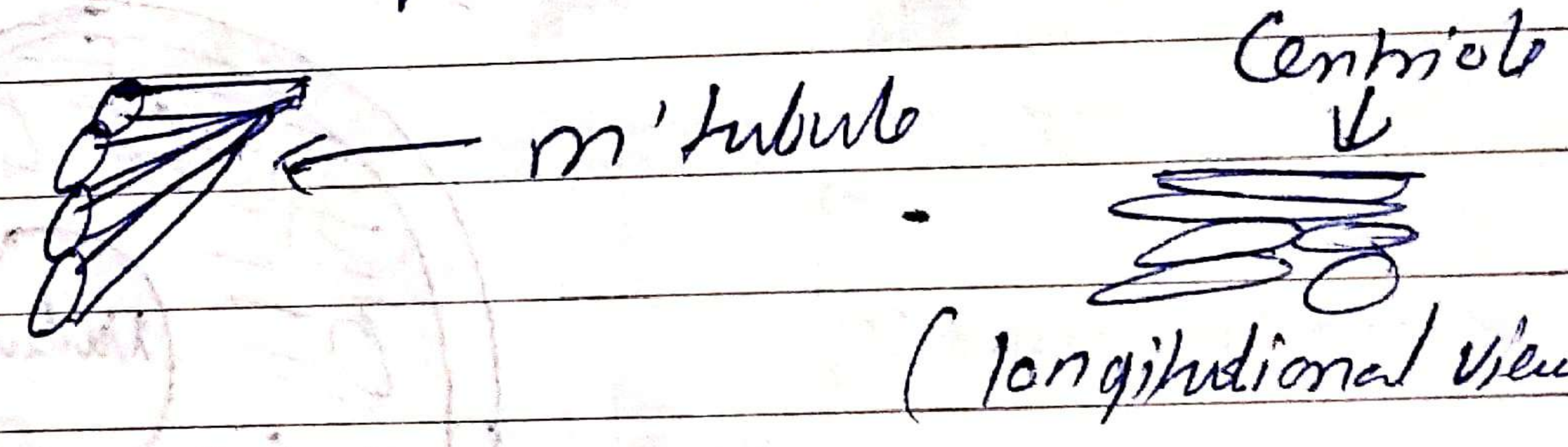
* Microtubules are polar molecules, with α end charged end that grows relatively fast and a β end charged end that grows slow.

Protofilamentous arrangement themselves parallel to each other in a microtubule, so the β end of the microtubule always has β -subunit exposed, while α end has α -subunit exposed.

* Moving polarity allows the microtubule to assemble in a specific way and function correctly. Microtubule give str. like cilia and flagella their str.

* Cilia are small protuberance of a cell, in human they are found on cells lining the trachea, where they prevent materials like mucus and dirt from entering the lungs.

Mitubule play key role in forming mitotic spindle, also called the spindle apparatus.



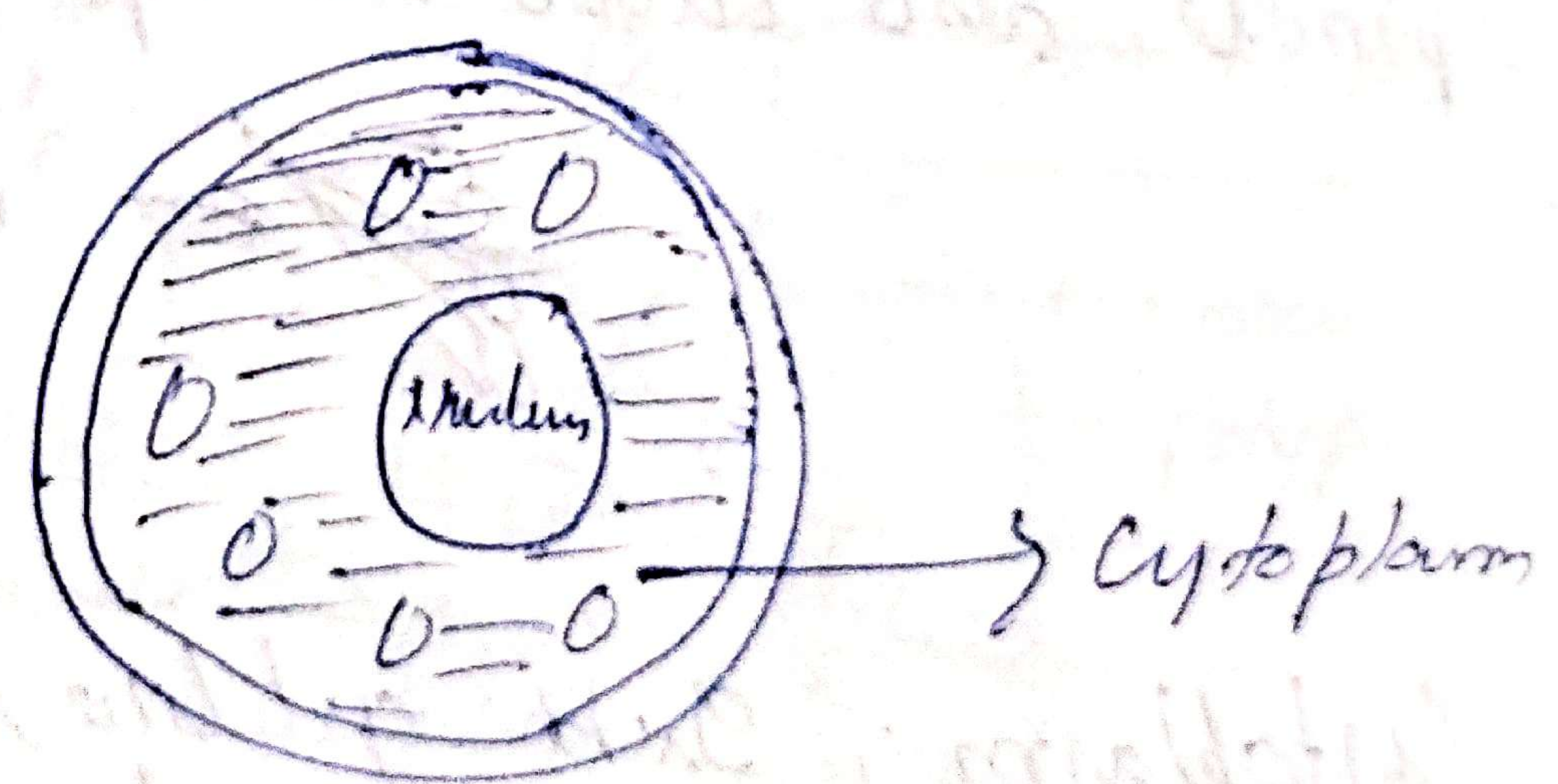
⇒ Cytoplasm; is the gel like substance enclosed within the cell memb., made up of water, proteins, lipids, nucleic acids, inorganic salts etc.

* Most metabolic activities take place within cytoplasm and subcellular str., such as ribosomes, plasmids, and cytoplasmic granules, are located in cytoplasm. In eukaryotic cells, cytoplasm refers to the contents of the cell with the exception of nucleus.

distinct nuclear compartment separate from cytoplasm. Its maintenance
The physical nature of the cytoplasm is variable.
- times there is a quick diffusion across cell, the
the cytoplasm resembles a colloidal soln.

* At other times, it appears to take on the properties of
gel-like substance / jam-like. The cytoplasm forms
support and suspend organelles and cellular material.

* Many cellular processes occur in cytoplasm some
these include protein synthesis the first stages of
cellular respiration (K/a) glycolysis, mitosis and meiosis
in addn, the cytoplasm helps to move materials such
as hormones around the cell and also dispose cellular
waste.

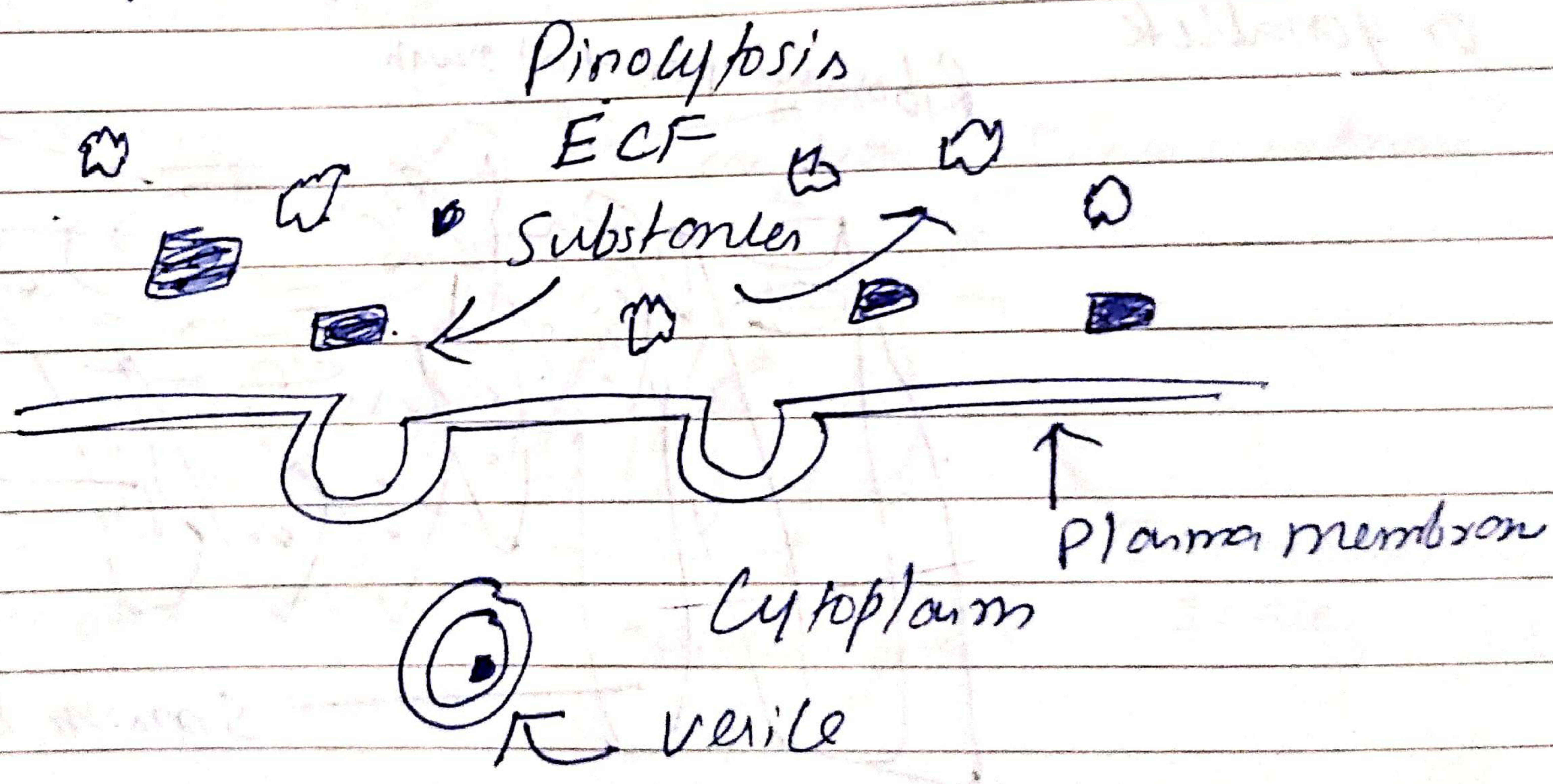


⇒ Pinocytic Vesicles ; Pinocytosis is a method
which cell absorb small
particles outside the cell and bring them inside for
cell drinking. During this process, the cell surrounds
particles and then pinches off part of its membrane to
enclose the particles within vesicles which are small.

spheres of the membrane. This process is usually used for taking in extracellular fluid. Pinocytosis is a type of endocytosis, where cell takes in particles by engulfing them with its memb.

Small particles of substances in ECF are absorbed into cell via pinocytosis. This process requires active transport. Microvilli in the gut use this process to absorb nutrients from food.

Cells in the kidney use pinocytosis to separate nutrients and fluids from the urine that will be expelled from the body. In addition, human egg cells also use it to absorb nutrients prior to being fertilized.



Endoplasmic Reticulum: The rough ER plays a no. of roles within a cell. It is closely associated with protein synthesis. Polypeptides are synthesized, modified, folded into their correct 3-D shape and sorted toward an organelle or moved for secretⁿ. It also plays an imp. role in modulating the response of cell to stress and in quality control.

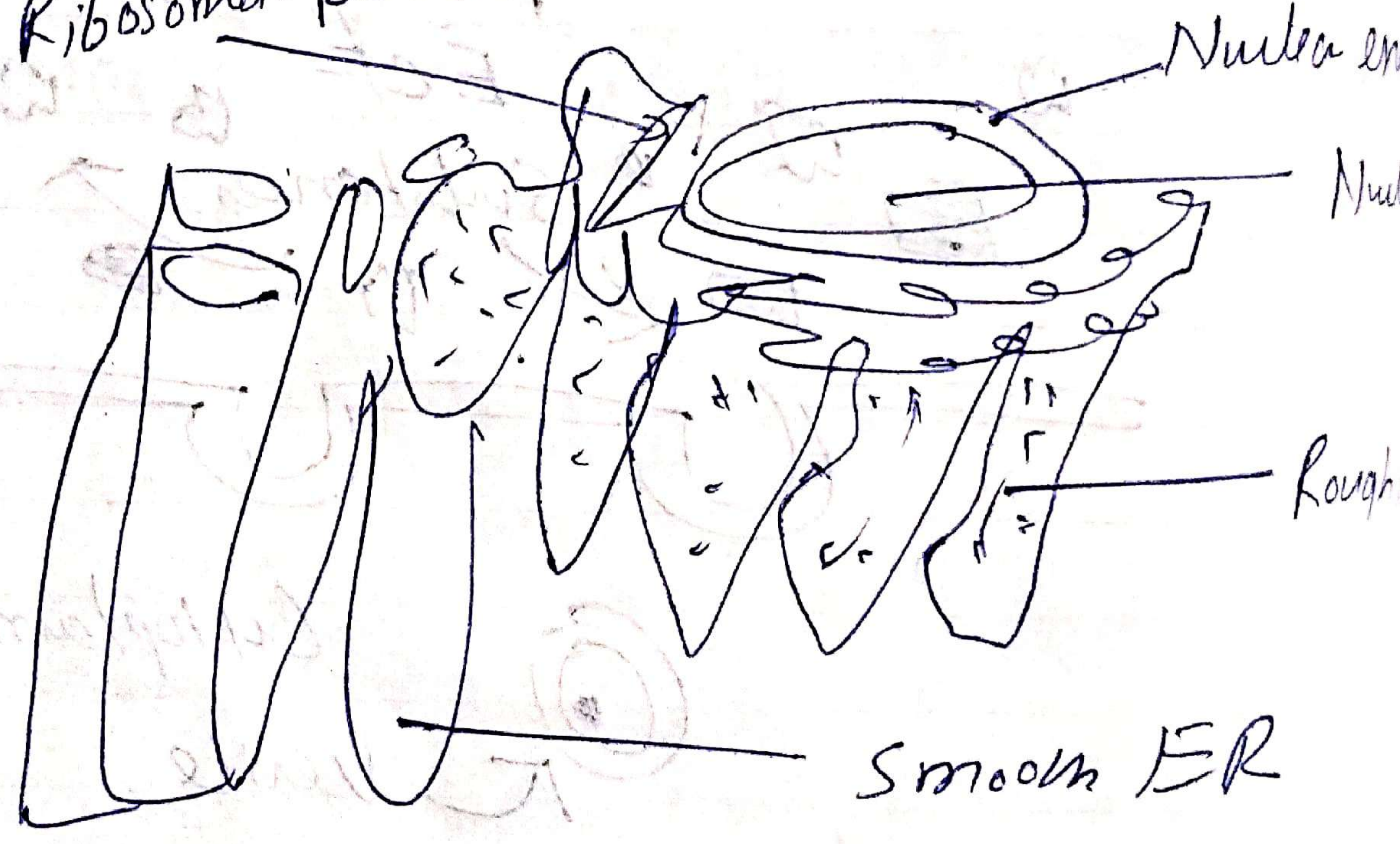
for correct protein folding. When no. of unfolded proteins ↑, cell alter their tubules; sheet ratio. This could arise from the greater area available within the sheet of rough ER to sequester unfolded proteins. or could reflect the need for distinct proteome of rough ER.



After processed of mRNA transcript is exported to the nucleus. Transcription begin with the binding of RNA polymerase to a mature mRNA transcript.

* Two types of ER (smooth & rough) are present in animal/plant cell, both often appear as if separate, but they are sub-compartments of the endoplasmic reticulum.

Ribosomes present at rough.

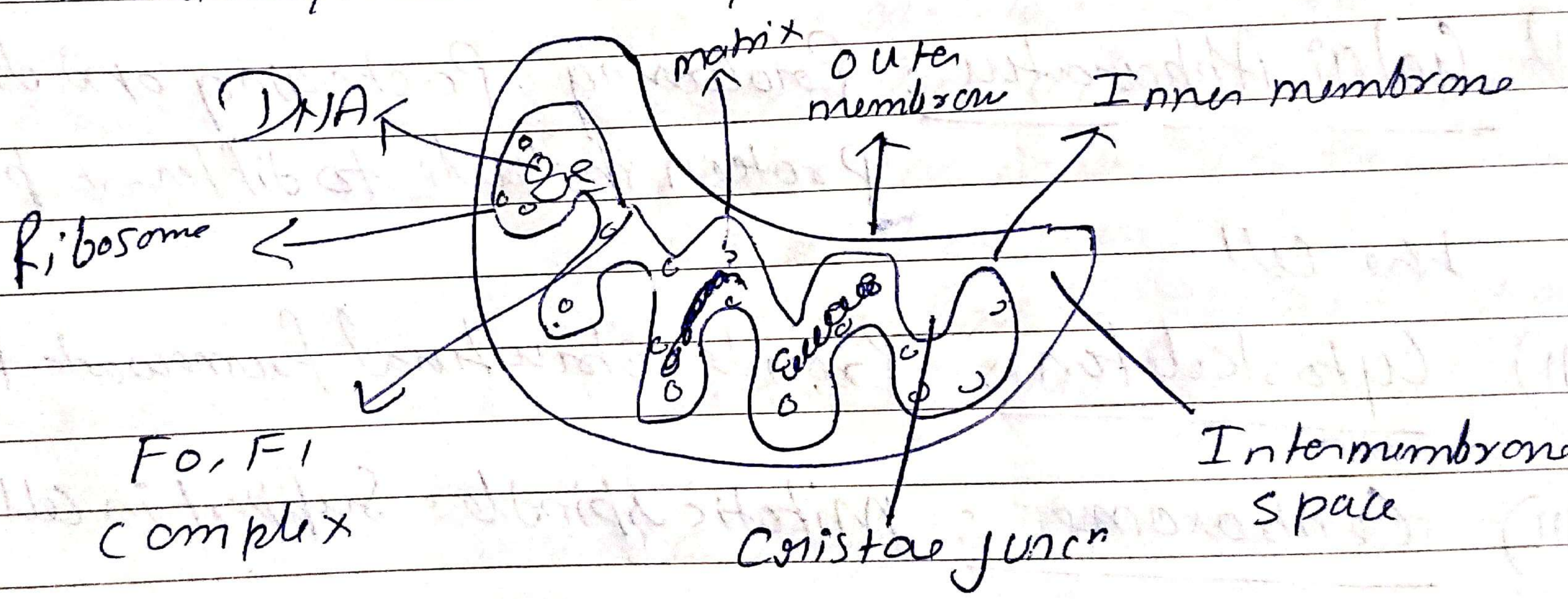


⇒ Mitochondria: Are well-defined cytoplasmic organelles of the cell which take part in various of cellular metabolic function. Survival of cell requires energy to perform diff. function. This organelle supply necessary biological energy to the cell, and they obtain this energy by oxidizing the substrates of the Krebs cycle.

* Hence mitochondria go-suffered as Power house of cell although all eukaryotic cell have mitoch., though they are lost in the later stages of development of cell like in RBC or in elements of Phloem sieve tube.

Mitochondria is a memb. bound cellular str. and is found in most Euk. cells. It ranges from 0.5 to 1.0 μm in diameter. It generate most of the energy of the cell in the form of Adenosine Triphosphate (ATP) and it is used as a source of chemical energy.

* It is involved in other cellular activities like Signalling, Cellular differentⁿ, cell senescence and also control of cell cycle and cell growth.



Cellular level of organization = Parts + funcⁿ of cell

→ cell: structural & functional unit of life

→ Cell Biology: Study of str. and funcⁿ of cell

→ Parts of Cell: Main ① Plasma memb. ② Cytoplasm ③ Nucleus

① Plasma Membrane: Line protection / exchange of substances

② Cytoplasm: ① cytosol ② organelles

Organelles

i) Mitochondria = Power house

ii) Lysosome = Autophagy = Suicidal bag.

iii) Peroxisome = Decompose H_2O_2 = Peroxidase
^{Hydrogen peroxid}
→ By which cells do not oxidize

iv) ER: Rough & Smooth
↓
Protein synthesis | Synthesis of lipids
|
Hormones like Estrogen and Testosterone

v) Ribosome: Protein factory (site in protein synthesis)

vi) Golgi Apparatus: Processing, packaging and delivery of protein molecules to different parts of the cell.

vii) Cytoskeleton: Provide structural framework for cell

viii) Centriole: Mitotic spindle = Support in cell division

③ Nucleus: Genetic Information (genetic material processing)

④ Plasma membrane: Cell membrane = Protective semi permeable membrane separating intracellular and extracellular fluid. It also regulate the flow of substance into and out of the cell \rightleftharpoons

① Cytosol = Watery fluid of the cytoplasm in which various organelles are suspended / composed of ~75% water, and other substances like - glucose, ions, amino acid and products.

② Organelles: Small organ, highly specialized subcellular structures having characteristic shape & function

ex:- Cytoskeleton, Ribosome, ER, Golgi app., Lysosome, Mitochondria
all work together to maintain homeostasis

* Organelle types: ① Non-membranous ② Membranous

i) Non-memb: These lack the memb. and are in direct contact with the cytosol

ex:- Ribosome, Cytoskeleton (no membrane present)

ii) Membranous: Surrounded by lipid bilayer memb.

ex:- ER, Golgi app., Mitochondria, Lysosome. (All have)

3) Mitochondria: Singular = Mitochondrion = Powerhouse

* Small, oblong shaped, enclosed by - 02 membranes. The outer mitochondrial layer is - smooth, however inner mitochondrial membrane is - arranged in series of folds called - Cristae that provide large surface area for energy producing chemical reactions

* Enclosed by inner memb. & Cristae in the central fluid cavity in mitochondria called - matrix

→ function:

i) Energy produced in the form of ATP by chem. rxn of aerobic resp. that is Citric acid cycle & ETC system that

Occurs in matrix and cristae.

- 2) Matrix also contain various enzymes that catalyse these rxn.
- 3) A cell may have a few or - 100 or as many as several thousands of mitochondria.
- 4) Physiologically active cell like - Liver, muscle, kidney have many mitochondria as ATP need is higher.

(4) Lysosome : Are memb. enclosed vesicles formed by golgi app., they contain powerful digestive or hydrolytic enzyme that are capable of breaking down a wide variety of molecules like - DNA, RNA, Protein, Carbohydrates etc.

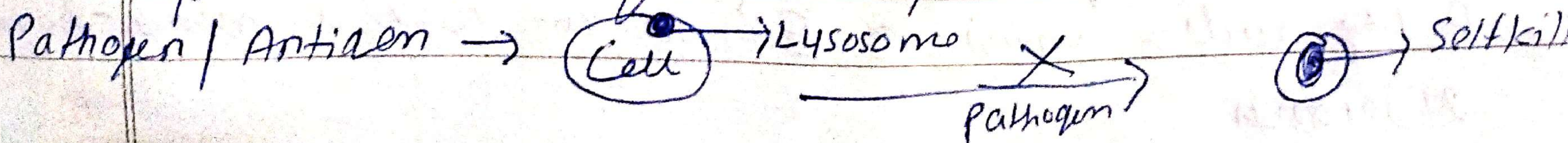
→ Function : Lysosomal enzyme also called lysozyme

i) Digestion of lipid, carbohydrate, protein and release of their final breakdown into cytosol.

ii) Autophagy : Auto = self, Phag = eating, Digestion of worn out organelles and release of digested components into cytosol for reuse — by doing this they are recycling the str. of the cell.

iii) Autolysis : Auto = self, lysis = digestion or destruction, digestion of entire cell in certain pathological condition or and immediately after death. In this process lysosome expel all their enzyme directly into the cytosol to destroy cell and its organelles.

Lysosome in WBC digest the foreign bodies = Antigen



5) ER: Series of interconnecting canals of membrane in cytoplasm. These canals form flattened sacs or tubules called cisternae.

- Types: ① Rough ER ② Smooth ER

① Rough ER: outer surface of rough ER is attached with ribosome hence named - rough ribosome are site of protein synth., protein synthesized by ribosome is processed within ER and then released from cell like - hormones and enzymes.

* Rough ER is involved in the synthesis of Glycoprotein and phospholipids that are incorporated in plasma memb.

② Smooth ER: It extends from rough ER to form a network of membranous tubules, they do not have ribosome in their outer surface of membrane

* Smooth ER synthesizes - lipids and steroid hormones (estrogen & testosterone)

* It is also associated with the detoxification of certain toxic substances such as drugs & carcinogens.

6) Ribosomes: Are tiny granules composed of rRNA & proteins, site of protein synth. = protein factories

* Some ribosomes are present as - free ribosomes in cytoplasm and are involved in the synth. of proteins for use within cell

Q x: ① Enzyme seq. for metabolism and the protein part of DNA

② The remaining ribosomes are attached to the outer surface of the nuclear memb. & ER and are called as memb.-bound ribosomes

* These ribosome synthesise protein for insertion in the plasma membrane or to release outside the cell
 ex: - Phospholipids enzyme and hormones

7) Cytoskeleton; cyto = cell, skeleton = framework

* Complex network of tiny strands of protein that extends through the cytosol

* Provide structural framework for cell and give its shape

* Responsible for cellular movement, including movement of chromosome during cell division and movement of whole cell such as - Phagocyte.

→ Composed of 3-types of Protein fibres

i) Microfilaments 2) Intermediate - filament

iii) Microtubules.

i) Microfilaments: Thinnest fibres of cytoskeleton most of them are composed of protein = Actin and are concentrated at the cell periphery.

* They provide structural support, maintain the shape of the cell.

* Responsible for cellular movement like - Contraction in muscle cell and migration of skin during wound healing.

ii) Intermediate filament: They are thicker than the microtubules. They form a network around the nucleus and extend around the cell periphery.

* They form the shape of the cell and hold the organelles

3) Microtubule: They are the largest of the cytoskeletal component and are mainly composed of a protein called tubulin.

- * They give structural strength to the cell
- * Responsible for the treatment of organelles within the cell
- * Chromosome during cell division
- * Extension of cell like - Cilia and flagella.

8) Nucleus; The most prominent, oval/spherical shaped str.

- * Every cell in the body has nucleus, except mature RBC
- * Nucleus is covered by double layered membrane called nuclear memb. which is similar to plasma memb. but has tiny perforation called nuclear pores = that regulate the movement of substance b/w nucleus & cytoplasm.

* Various str. of the nucleus include nucleoplasm, nucleolus

i) Nucleoplasm; It is the fluid medium of nucleus that contain large amt. of genetic material in the form of DNA. This forms cell's heredity material called gene = Activity of cell

ii) Nucleoli; Spherical bodies present inside the nucleus and they composed of cluster of DNA and RNA and protein that are not enclosed by membrane

* They serve as the site of the assembly of ribosome = protein factory

- * Many genes make up DNA, many DNA make up chromosomes.
- * Chromosomes; Thread like ~~long~~ linear strand of DNA that carries genes
- Human body = 46 chromosomes
- When chromosomes are not dividing = look like thread called - Chromatin.

⇒ Transport of substance across cell membrane

It is essential for transport of substance for cell to survive.

→ Transport = → Nutrient water electrolyte = move inside
 ← cellular waste, CO₂ other toxins = move out

→ Transport Mech:

i) Passive transport: Movement of substance along the conc. gradient (downhill) = from the region of higher conc. to the region of lower conc. without using energy also diffusion.

* Diffusion:

a) Simple diffusion: Substance = high conc. → Low conc.
 Occur mainly in - gas, liquid, and solution.
 by - temp., conc. of substance
 ex: - Transfer of O₂ from lungs O₂ → Body ← CO₂ body

* Movement of non-polar lipid soluble substance like O₂, CO₂, alcohol through lipid bilayer of plasma memb.

diffuse through semipermeable memb. large molecules that are unable to move through

ex: Glucose, amino acid

* These substances are transported through in-transporter that act as transporter



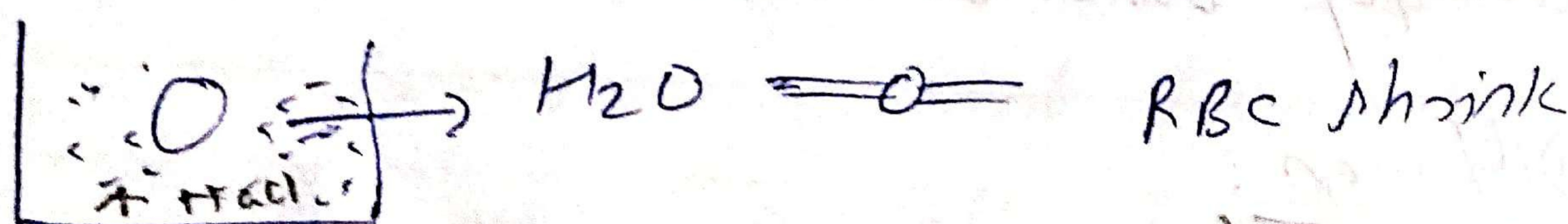
→ Osmosis: Applies only to movement of solvent

* Def: movement of water through a semipermeable memb. from an area of higher water conc. (pure water) to an area of lower conc. (water + sugar or salt)

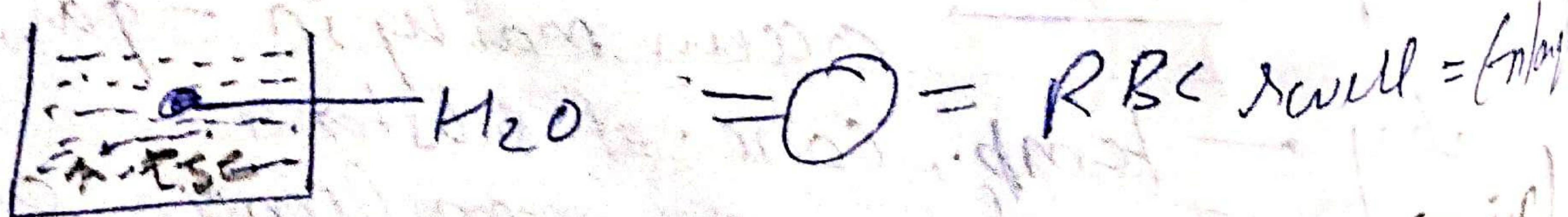
* Osmotic pressure of a soln is directly proportional to the conc. of solute.

* Demo: Effect of osmosis on RBC = hyper, hypo, iso

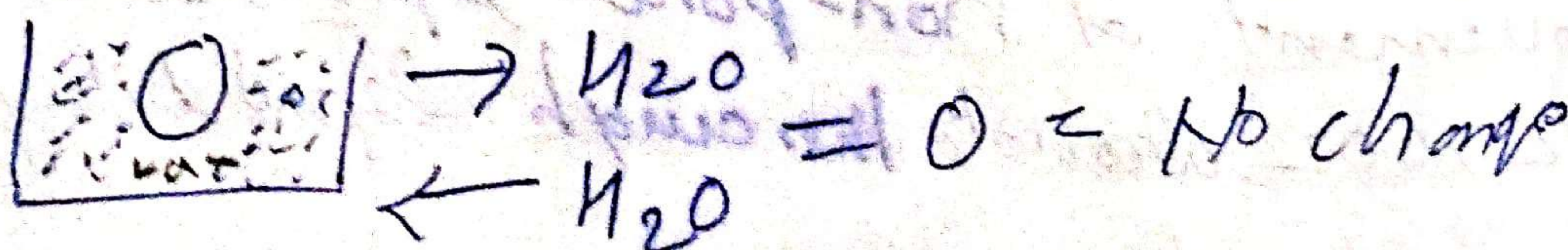
① Hypertonic soln (NaCl)



② Hypotonic soln (Cl⁻ - sodium citrate)



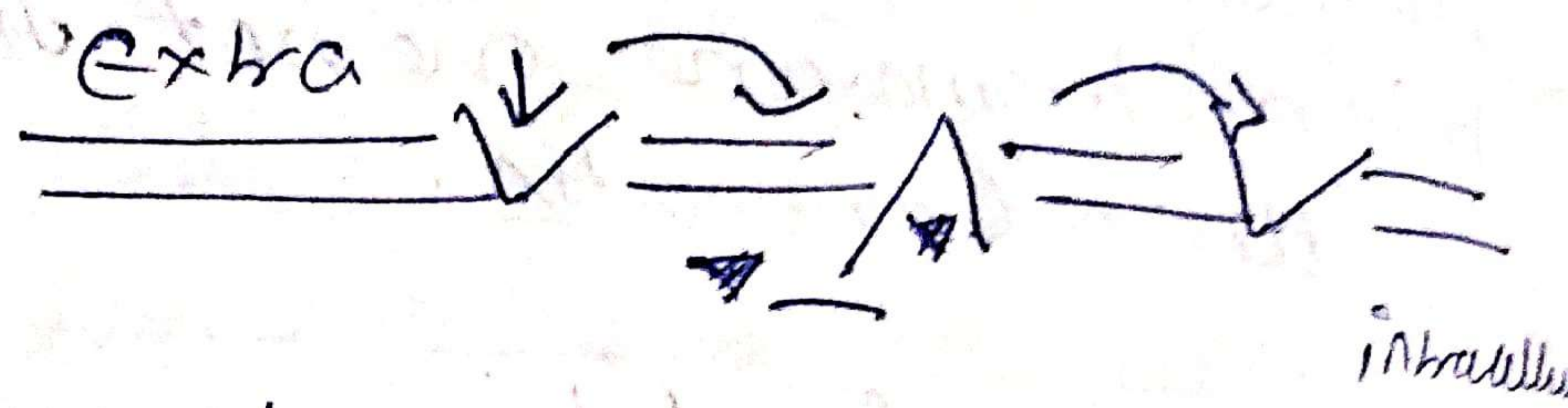
③ Isotonic soln (Lactose, mannitol, Glucose, oxytocin, insulin)



b) Facilitated diffusion: facilitated to the movement of large molecules that are unable to diffuse through semipermeable memb.

Ex: Glucose, amino acid.

* These substances are transported through integral proteins that act as transporters



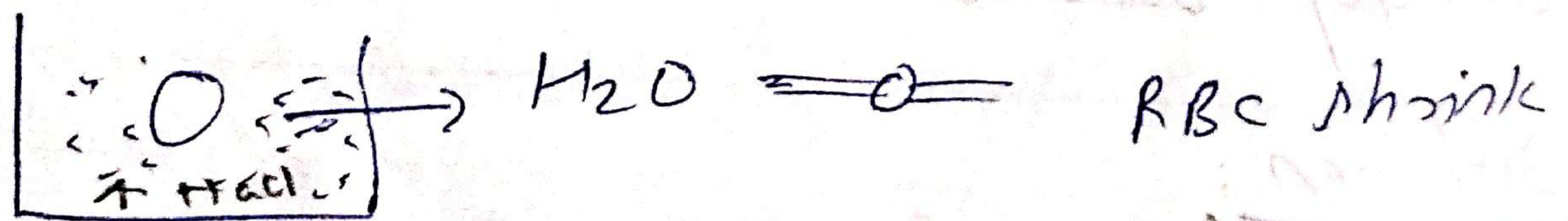
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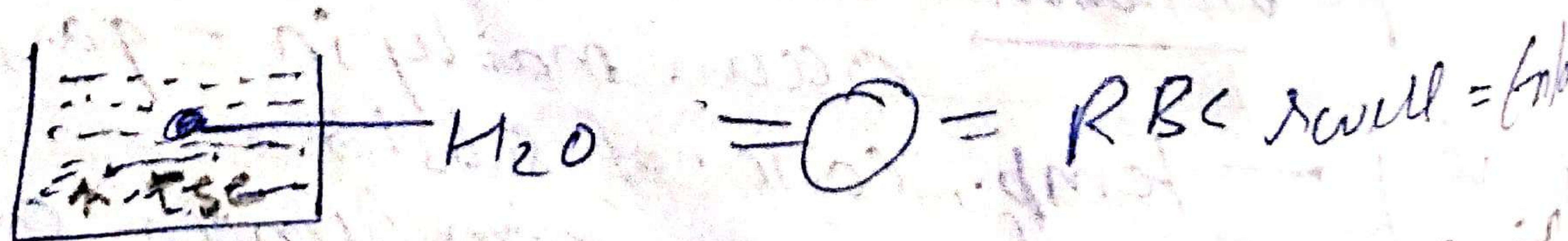
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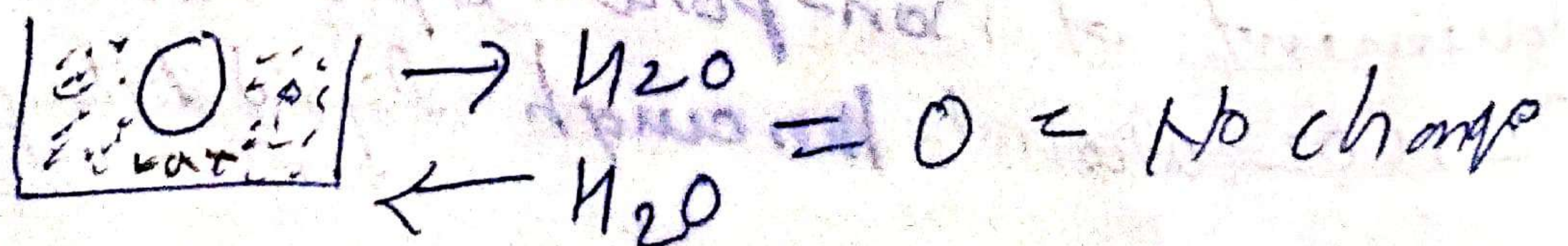
① Hypertonic soln (NaCl)



② Hypotonic soln (Cl⁻ - sodium citrate)



③ Isotonic soln (Lactate, mannitol, Glucose, oxytocin, insulin)



* Factors affecting rate of diffusion

- i) Conc. gradient \propto Directly proportional
- ii) Temp. \propto " "
- iii) Size of diffusion molecule \propto Inversely proportional
- iv) Surface area \propto Directly proportional.

\Rightarrow Active transport \propto Movement of substance against their conc. gradient (uphill) = lower

to higher conc.

* Substances that are actively transported across cell membrane are Na^+ , K^+ , H^+ , Ca^+ , amino acid & glucose

Types

- i) Primary active transport \propto Energy is directly obtained from hydrolysis of ATP. Transporter protein are called \propto Pump.

* The Na^+/K^+ pump is most prominent primary active mech.

* The Plasma memb. maintains a diff. in the distribⁿ of ions b/w 2-sides. Typically K^+ present intracellularly and Na^+ extracellularly. These ions tend to diffuse down their conc. gradient \propto K^+ out & Na^+ into cell.

Thus to maintain their conc. gradient Na^+/K^+ pump

work in the exchange of 1 K^+

* The transporter protein in Na^+/K^+ pump has 6 binding sites for Na^+ towards the cytoplasm, 3 for K^+ towards ECF. 01 for enzyme ATPase.

→ Special transport mech.: These mech. are used to transport large particles like - whole bacteria, RBC along with macromolecules like - polysaccharides and proteins

ex:

(A) Endocytosis: Process by which large molecule enters cell in the vesicle formed from the plasma memb.

* Steps: - Plasma memb. → Surrounds the substance → from vesicles

Subtypes: (A) Phagocytosis (B) Pinocytosis (C) receptor mediated endocytosis

(A) Phagocytosis: Phage = eating = Solid = Process to eat particles larger than macromolecule like - whole bacteria and virus.

* Cells which show phagocytosis are called phagocytes = Neutrophils

monocytes. They engulf and destroy bacteria other than foreign substance. = When bacteria or foreign substance bind to plasma memb. the phagocytic cell extends projections of its p.m and cytoplasm called - Pseudopodia around them.

* The pseudopods then form a vesicle called - Phago-
-some, which enters the cell and ingested materials
is broken down by lysosomes.

→ Pinocytosis = Process in which fluids are taken up by
cell, it is also called cell drinking. - tiny
droplets are ingested

* Steps: fluid droplets bind to outer surface of P.M

↓
Area of that P.M folds inwards around the droplet to
form a vesicle called - endosome

↓
Detached from the P.M → enter into interior of cell

↓
Within the cell, the lysosome comes in contact with
endosome and adhere to it → leads to the rupture
of lysosome → release lysin → breakdown of
the memb. of endosome = Release of substance into cell

→ Receptor mediated endocytosis: Process in which ligand
bind to receptors present
on cell membrane and are taken inside the cell
ex: Intake of Vit., hormones like - insulin and
LDL

* Binding of ligand to receptor form - ligand + recep-
-tor complex

* → Exocytosis: Process by which substance moves out
from the cell

* It mainly involve release of secretory substance like
hormone, digestive enzyme and NT

* substance stored in reservoir vesicles, come close to memb. → fuse → release outside.

⇒ Cell Division: Parent Cell = Daughter cells
* Process by which cell divide into two and duplicate its genetic material.

* Types ① Somatic Cell division
② Reproductive cell division.

① Somatic Cell division: ^{General body cells} Cell undergo nuclear cell-division called mitosis and a cytoplasmic division called — cytokinesis to produce two genetically identical daughter cells.

* Mostly body cells divide by this to replace dead or damaged cells.

② Reproductive cell division: Special type of 2 steps division called — meiosis that occurs only in — gonads = sex cells = Ova in female and spermatozoa in males.

* In this process genetic material must not only be duplicated but also reduced to its half in daughter cells that the female egg and sperm cells carries half of genetic materials.

→ Stages of Cell division of Somatic Cell division

- I) Interphase
- II) Mitosis
- III) Cytokinesis

1) Interphase : Most longest and dynamic phase of cell division

- Subtypes :
- i) 1st growth phase — G₁
 - ii) Synthesis phase — S
 - iii) 2nd growth phase — G₂

i) G₁-phase : Primary growth phase of cell in which cell duplicate its organelles and cytosolic component

ii) Synthesis phase : Interval b/w G₁ & G₂ . Here DNA strands duplicate itself, chromosome gets uncoiled as fine network of thick thread called - chromatin.

* Chromatin become tightly coiled and replicate, therefore forming identical double chromosome — Sister chromatid that attached to each other at a central region called Centromere.

* Replication of Centromere begin at this phase

iii) G₂-Phase : Final phase for preparation of cell for cell division

* Here enzyme and other protein are synthesized and cell growth continues. Centromere finish its replication

— Note : Some cell remains in G₁-Phase for long time they are said to be in G₀-Phase. They never divide again.

Mitosis or Mitotic Phase : Occur in nucleus and result in the formation of 2 identical nuclei

→ Subphases

1) Prophase: Sister chromatids that are attached to one another at centromere become visible within.

* Each centrosome moves to an opp. pole of the cell, where the pericentriolar area of the centrosome starts to form mitotic spindle, a football shaped assembly of microtubules.

* The lengthening of microtubules from the centrosome pushes centrioles to the end of the cell.


* Now, nuclear membrane breaks and nucleolus disappears.

* As prophase continues, microtubules of mitotic spindle extend from the pole towards the centromere of centrosome.

* The microtubules coming from 2 poles attach to the opp. side of the centromere in such a way that each of the 2 sister chromatids attached to microtubules from different poles.

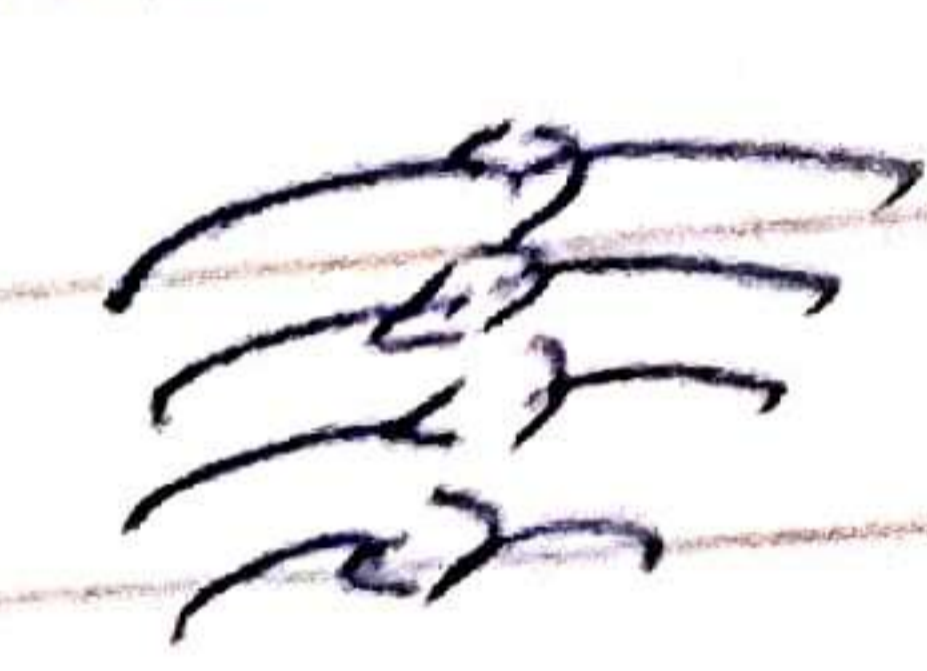
* This alignment ensures the separation of 2 sister chromatids to the opp. pole of the cell.

2) Metaphase: During this microtubules align the centromeres of the sister chromatids at the exact centre of mitotic spindle. The mid point region is called — metaphase plate or equatorial plane.

M for middle = 

3) Anaphase: Shortest stage of the mitosis, during which centromere split and thus two sister chromatids get separated.

* The divided centromere each with the sister chromatid moves toward the opp. poles of the cell. The sister chromatid take on a 'V' shape as they are pulled towards their respective pole.

* Once separated the sister chromatid are called - daughter chromatid. A few Ance = 

4) Telophase: The sister chromatid which are called as chromosomes reach the opp. poles of the cell and begin to uncondense and uncoil and revert back to thread like chromatin.

* Nuclear memb. form around each mass of chromatin and nucleoli reappear in daughter nucleus.

* The mitotic spindle disappears as the microtubules are broken down as the unit of tubulin → develop cytoskeleton of daughter cell.