

GOEL INSTITUTE OF

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PROFESSIONAL ETHICS

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TOPIC: Understanding the need, basic guidelines, content & process for value education, self-exploration - what is it? - its content & process

ASSIGNMENT - I


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INTRODUCTION

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- ① The subject which enable us to understand, 'what is valuable' for human happiness is called **VALUE EDUCATION**.
- ② Value education enables us to understand our needs & visualize our goals correctly & also indicate the direction of their fulfilment.
- ③ All the human being continuously aspire for a happy life, a fulfilling & successful life, & the purpose of education is to provide adequate competence to actualize this aspiration.
- ④ Character oriented education that instils basic values and ethic values in one's psyche is called **'Value Based Education'**.
- ⑤ Value education is important to help everyone in improving the value system that he/she holds & puts it to use.
- ⑥ The subject that enables us to understand 'what is valuable' for human happiness is called **Value Education**.
- ⑦ Values form the basis for all our thoughts, behaviour and actions.

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- ① Then we can assure of a happy & harmonious human society.

NEED FOR VALUE EDUCATION

- ① Correct identification of our aspiration.
- ① Understanding universal human values to fulfill our aspiration in continuity.
- ① Complimentary of values & skills.
- ① Evaluating our belief.
- ① Technology & human value.
- ① Values allow the individuals to interact harmoniously with others.
- ① Values guide our behaviours; they are part of our identity as individuals.
- ① They show us how to behave & how not to behave when we are faced with desires or impulses, whether we are alone or with others.
- ① They are like a compass that helps us behave consistently, regardless of the situation.
- ① Values guide our actions and determine for us what's good or bad.

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"We want that education by which character is formed, strength of mind is increased, the intellect is expanded. And by which one can stand on one's own feet."

— SWAMI VIVEKANAND

BASIC GUIDELINES FOR VALUE EDUCATION

In order to qualify for any course on value education, the following guidelines for the content of the course are important :-

1) UNIVERSAL :-

It needs to be applicable to all the human beings irrespective of cast, nationalities, religion etc. for all times & regions.

2) RATIONAL :-

It has to appeal to human reasoning. It has to be amenable to reasoning & not based on dogmas or blind beliefs.

3) NATURAL AND VERIFIABLE :-

It has to be naturally acceptable to the human being who goes through the course & when we live on the basis of such values it leads to our happiness. It needs to be experimentally verifiable and not based on dogmas, beliefs or assumptions.

4) ALL ENCOMPASSING :-

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Value education is aimed at transforming our consciousness & living.

Hence, it needs to cover all the dimensions (thought, behaviour, work & realization) & levels (individual, family, society, nature & existence) of human life & profession.

5) LEADING TO HARMONY :-

The value education ultimately is targeted to promote harmony within the individuals, among human beings & with nature.

PROCESS FOR VALUE EDUCATION

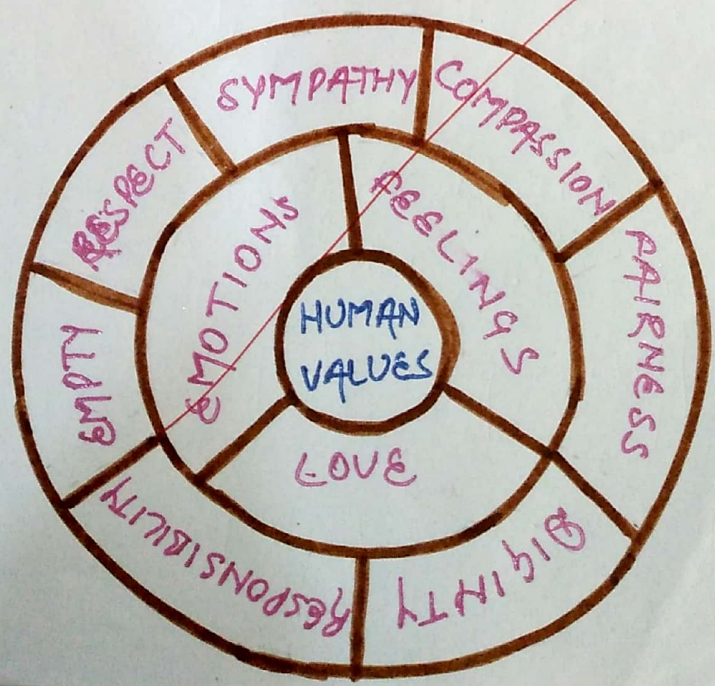
- The process of value education has to be that of self-exploration.
- Whatever is found as truth or reality may be stated as proposal & has to be verified at its own sight.
- It is process of dialogue between 'what you are' & 'what you really want to be'.
- It is a process of knowing oneself & through that knowing entire existence.
- This process of self-exploration help you be in harmony within yourself & in harmony with everything around.

HUMAN VALUES

- LOVE:- Unconditional & unselfish care.
- PEACE:- Control the mind.
- TRUTH:- Indispensable ethical discipline.
- NON-VIOLENCE:- means respect for life & recognition of rights of others.
- RIGHT CONDUCT:- Truth in action is right conduct.
- “Thinking with love is truth, feeling with love is peace, action with truth is right conduct, understanding with love is non-violence”

→ Human values are the virtues that guide us to take into account the human element when we interact with other human beings.

→ Human values are for example, respect, acceptance, consideration, appreciation, listening, openness, affection, empathy & love towards other human beings.



HUMAN VALUE Vs MORAL VALUE

- Moral values regard matters of right & wrong where as Human values help a person to distinguish b/w right & wrong.
- Moral values are constant & unchanging whereas Human values change from person to person & from time to time.
- Moral values are for self development & self discipline whereas Human values is about how we treat others in society.
- Moral values can be taught whereas Human values are inherited values & are intact in all of us.

SELF EXPLORATION - WHAT IS IT?

- It is process to find out what is valuable to me by investigating within myself. Since, it is me who feel happy, successful, unhappy or unsuccessful. Therefore, what is right for me is to be judged by myself only. This whole process is called **self exploration**.
- According to **Merriam-Webster** —
 “The examination & analysis of one's own unrea-
 lized spiritual or intellectual capacities.”
- It is a process of focusing attention on yourself, your personal beliefs & aspirations.
- What you really wants to be.
- It is a process of self evaluation by self investigation.
- It is a process of knowing oneself & through that knowing entire existence.
- Process of exploring yourself.
- Self exploration is looking inside yourself & concentrate and focusing on you, your needs & your future.
- It is a process of dialogue b/w “what you are” and “what you really want to be”.
- It is process of self evolution through self investigation.

PROCESS OF SELF EXPLORATION

- It is a proposal
- ⊙ Don't assume it to be true.
- ⊙ Verify it at your own sight.
 - Not on the basis of scriptures.
 - Not on the basis of reading from instruments.
 - Not on the basis of others.

Self Verification

Verify on the basis of your Natural Acceptance.



↓
Realization

↓
Understanding

LIVE ACCORDING TO

behaviour with human leads to mutual happiness.

Work with rest of the nature leads to mutual prosperity.

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Dr. Anurag
23/1/2022