



# Tranquilizers / Neuroleptics (Antipsychotics)

NEPHAR 305 Pharmaceutical Chemistry I



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# **Tranquilizers**

**Tranquilizer** is a drug that is used to reduce anxiety, fear, tension, agitation, and related states of mental disturbance.

Tranquilizers fall into two main classes, major and minor.

**Major tranquilizers**, which are also known as antipsychotic agents, or neuroleptics, are so called because they are used to treat major states of mental disturbance in schizophrenics and other psychotic patients.

**Minor tranquilizers**, which are also known as antianxiety agents, or anxiolytics, are used to treat milder states of anxiety and tension in healthy individuals or people with less serious mental disorders.

# **Minor Tranquilizers**

# **Minor Tranquilizers**

The principal minor tranquilizers are the **benzodiazepines**, among which are **diazepam (Valium), chlordiazepoxide (Librium), and alprazolam (Xanax).** These drugs have a calming effect and eliminate both the physical and psychological effects of anxiety or fear.

Benzodiazepines' **mechanism of action** is enhancing the action of the neurotransmitter gamma-aminobutyric acid (GABA), which inhibits anxiety by reducing certain nerve-impulse transmissions within the brain.

Other, less commonly used minor tranquilizers include meprobamate (Equanil, Miltown) and buspirone (BuSpar).

# Minor Tranquilizers-Benzodiazepine Derivatives

# CI N N

### Alprazolam (Xanax)

8-chloro-1-methyl-6-phenyl-4*H*-[1,2,4]triazolo[4,3-a][1,4]benzodiazepine

# Chlordiazepoxide (Librax)

7-chloro-2-methylamino-5-phenyl-3*H*-1,4-benzodiazepine-4-oxide

### **Diazepam** (Valium)

7-chloro-1,3-dihydro-1-methyl-5-phenyl-1,4-benzodiazepin-2(3*H*)-one

### Lorazepam (Ativan)

7-chloro-5-(o-chlorophenyl)-1,3-dihydro-3-hydroxy-2H-1,4-benzodiazepin-2-one:

# **Minor Tranquilizers-Benzodiazepine Derivatives**

# CI

### Medazepam

7-chloro-1-methyl-5-phenyl-2,3-dihydro-1,4-benzodiazepine

### Oxazepam (Serepax)

7-chloro-3-hydroxy-5-phenyl-2,3-dihydro-1H-1,4-benzodiazepin-2-one

# **Minor Tranquilizers- Propandiol Dicarbamate Derivatives**

### **Meprobamate**

It was the best-selling minor tranquilizer for a time, but has largely been replaced by the benzodiazepines

[2-(carbamoyloxymethyl)-2-methyl-pentyl] carbamate

### **Tybamate**

It is a prodrug for meprobamate

[2-(carbamoyloxymethyl)-2-methylpentyl] N-butylcarbamate

# **Minor Tranquilizers- Cyclopyrrolones Derivatives**

Zopiclone (Imovane)

- ✓ its active stereoisomer is eszopiclone (Lunesta)
- ✓ may be illegal to possess Zopiclone without a prescription

(RS)-6-(5-chloropyridin-2-yl)-7-oxo-6,7-dihydro-5H-pyrrolo[3,4-b]pyrazin-5-yl 4-methylpiperazine-1-carboxylate

**Synthesis:** Reaction of pyrazine-2,3-dicarboxylic acid anhydride and 2-amino-5-chloropyridine followed by reduction with potassium borohydride and then reaction with 4-methylpiperazine-1-carbonyl chloride gives **Zopiclone.** 

# ANTIPSYCHOTICS (Neuroleptics, Ataractics, Major tranquilizers)

# **Major Tranquilizers (Antipsychotics, or Neuroleptics)**

### What are antipsychotic medications?

They are a range of medications that are used for some types of mental distress or disorder - mainly **schizophrenia** and **manic depression** (bipolar disorder). They can also be used to help severe **anxiety** or **depression**.

- ✓ They all affect the action of a number of chemicals in the brain called neurotransmitters chemicals which brain cells need to communicate with each other.
- ✓ Dopamine is the main neurotransmitter affected by these medications. It is involved in how we feel: It is also involved in the control of muscle movements.
- ✓ If parts of the dopamine system become overactive, they seem to play a part in producing hallucinations, delusions and thought disorder.
- ✓ The basic aim is to help feel better, without making one feel slowed down or drowsy.

- Antipsychotics, known also as neuroleptics, and major tranquilizers, not only calm severly disturbed pyschiatric patients but also relieve them of the symptoms of their disease.
- Like other psychoactive drugs, neuroleptics do not cure mental diseases, but rather treat only their target symptoms such as hallucinations or manias.
- •Neuroleptics usually do not shorten the duration of psychotic phasis in schizophrenia, but they do decrease the severity of mania and depressions.
- Contrary to the effect caused by hypnotic and sedatives, they do not cloud consciousness or depress vital centers.

# **Typical Antipsychotics**

- A class of antipsychotic drugs first developed in the 1950s
- Commonly used but not the best and not very selective

### **Examples:**

Phenothiazine compounds Thioxanthene compounds Butyrophenone compounds

# **Atypical Antipsychotics**

- •Also known as second generation antipsychotics
- •Less side effects (Parkinson like), more selective

### **Examples:**

Clozapine

Risperidone

Olanzapine

Ziprazidone

Quetiapine

Amisulpride

- ✓ The basic types of Antipsychotics are the phenothiazines, thioxanthines, butyrophenones, clozapine, and rauwolfia alkaloids.
- ✓ The phenothiazines are the most widely used of these and include the drug chlorpromazine.
- ✓ They are thought to work by blocking the neurotransmitter dopamine in the brain.

  This leads to a reduction of psychotic symptoms but can also result in unwanted side effects
- ✓ The butyrophenones, chief among which is haloperidol (Haldol), are similar
  to the phenothiazines.
- ✓ Another drug, **clozapine**, whose exact mode of action remains unclear relieves schizophrenic symptoms in some patients who are not helped by phenothiazines.
- ✓ Clozapine lacks the side effects of the phenothiazines but tends to induce an infectious disease known as agranulocytosis.
- ✓ The rauwolfia alkaloids, such as reserpine, are no longer in common use.

### Mechanism of Action:

The mechanism of action of antipsychotic drugs are only partially known. Although the antipsychotic drugs represent a wide variety of chemical structures, their pharmacological and clinical activities are remarkably similar.

The theory that most antipsychotic agents act as antagonists at pre- and postsynaptic dopamine receptors, that is, by blocking dopamine from binding to its receptor sites.

### PHENOTHIAZINE DERIVATIVES

- ✓ First synthesized in 1950, chlorpromazine was the first drug developed with specific antipsychotic action, and would serve as the prototype for the phenothiazine class of drugs.
- ✓ Phenothiazine derivatives are chemically characterized by a lipophilic fused tricyclic system (the phenothiazine nucleus) linked through the nitrogen atom of the central ring to a hydrophilic aminoalkyl substitutent (the tertiary basic side chain).

$$\begin{array}{c|c}
6 & 5 & 4 \\
\hline
8 & & & \\
9 & 10 & 1
\end{array}$$

Chemical Abstract system

$$\mathbb{R}^{1}$$

Chlorpromazine

# ✓ Aliphatic compounds

# CINN

### Chlorpromazine (Thorazine Sonazine, Chlorprom, Largactil)

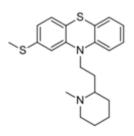
3-(2-chloro-10*H*-phenothiazin-10-yl)-*N*,*N*-dimethyl-propan-1-amine

# CF<sub>3</sub>

### Triflupromazine (Clinazine, Vesprin)

*N,N*-dimethyl-3-[2-(trifluoromethyl)-10*H*-phenothiazin-10-yl]propan-1-amine

# ✓ Piperidines



### Thioridazine (Mellaril)

10-{2-[(RS)-1-Methylpiperidin-2-yl]ethyl}-2-methylsulfanylphenothiazine

# ✓ Piperazines

# N N $CF_3$

### **Trifluoperazine**

(Eskazinyl, Stelazine, Triftazin)

10-[3-(4-methylpiperazin-1-yl)propyl]-2-(trifluoromethyl)-10*H*-phenothiazine

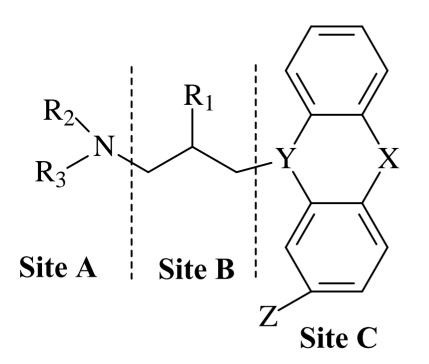
### **Fluphenazine**

(Prolixin, Permitil, Modecate, Moditen)

2-[4-[3-[2-(trifluoromethyl)-10*H*-phenothiazin-10-yl]propyl]piperazin-1-yl]ethanol

# Structure-Activity Relationships

It is postulated that phenothiazines interact with dopamine receptors at three distinct sites, A, B, C. The order of importance in terms of structure activity is B > C > A.



The pendent amine functionality (Site A)

Intervening alkyl chain between the central ring and the terminal amino group (**Site B**)

A tricyclic ring system with six- or seven-membered central ring (**Site C**)

Y=N, X=S

# **Structure-Activity Relationships**

### SITE B

- A three carbon atom chain is needed for optimum neuroleptic activity
- This alkyl group should be bonded to a nitrogen atom
- A substituent at 2-position of this 3 carbon atom chain affects activity. Whe R₁ is a H atom the activity is optimal.
- •Whereas small alkyl substituents such as methyl are tolerated at the C2 carbon, larger substituents (for example R<sub>1</sub>: phenyl, dimethylamino) that restrict the free rotation decrease neuroleptic potency.

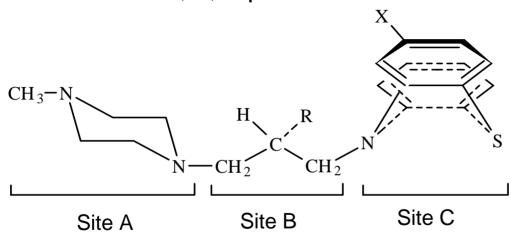
  Triflupromazine

Y=N, X=S

# **Structure-Activity Relationships of Phenothiazines**

### SITE C

- The phenothiazine ring is not planar. For example, the angle between the two phenyl planes is 159° in chlorpromazine and 141° in perphenazine.
- •Phenothiazine ring is not necessary for neuroleptic activity. Other planar tricyclic systems like thioxanthenes are active.
- Substituents at 2-position (X) of the phenyl ring improve activity. Electron withdrawing substituents such as halogens, methoxy, acetyl, trifluoromethyl increase activity.
- Substituents at 1, 3, 4-positions decrease activity.



$$\begin{array}{c|c}
6 & 5 & 4 \\
\hline
8 & 10 & 1 \\
\hline
9 & 10 & 1
\end{array}$$

Chemical Abstract system

# **Structure-Activity Relationships of Phenothiazines**

### SITE A

### Nature of the amino group

- The size and nature of the basic amino group has considerable influence on the behavior of the phenothiazine neuroleptics, because the molecule has to fit into a narrow space.
- A tertiary amine has optimal activity; presence of alkyl groups larger than methyl or replacing methyl groups with hydrogen atoms decrease activity.
- On the other hand, if the nitrogen is part of a heterocyclic ring (such as in *N*-methylpiperazine and piperidine compounds), neuroleptic potency may not be reduced. The effective size of the piperazine ring for instance, is smaller than that of the diethylamino group.

# Synthesis:

$$\begin{array}{c|c}
 & S \\
 & N \\$$

• Heating of appropriate diphenylamine (or 3-substituted diphenyl amine) with sulfur yields the desired phenothiazine ring (*Bernthsen* method).

$$\begin{array}{c|c}
S \\
\hline
N \\
R \\
1
\end{array} \begin{array}{c}
Cl-CH_2 \cdot CH_2 \cdot CH_2 \cdot CH_2 - R^2 \\
\hline
NaNH_2
\end{array}$$

$$\begin{array}{c|c}
CH_2 \cdot CH_2 \cdot CH_2 \cdot CH_2 - R^2 \\
\hline
CH_2 \cdot CH_2 \cdot CH_2 - R^2
\end{array}$$

Alkylation of phenothiazine ring with various amino alkyl halogens by means of sodium amide results in desired phenothiazine derivatives.

# **Synthesis of Chlorpromazine**

- ✓ The synthesis begins with the reaction of 1,4-dichloro-2-nitrobenzene with 2-bromobenzenethiol. Hydrogen chloride is evolved as a by-product of this step and a thioether is formed as the product.
- ✓ In the second step the nitro group is reduced with hydrogen gas. Upon heating in dimethylformamide (DMF) solvent, ring cyclization occurs.
- ✓ The 2-chloro-10H-phenothiazine thus produced is combined with 3-chloro-N,N-dimethylpropan-1-amine in the presence of sodium amide base to form chlorpromazine.

# **Biotransformation of Phenothiazines Derivatives**

Phenothiazines undergo extensive biotransformation which include aromatic hydroxylation, N-, S- oxidation and N-delakylation. The metabolites are excreted to a large extent as glucronides.

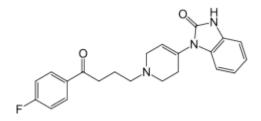
# **Antipsychotics - Butyrophenones**

**Haloperidol**, the most widely used classical antipsychotic drug in this class **Droperidol**, often used for neuroleptanalgesic anesthesia and sedation in intensive-care treatment

**Benperidol**, the most potent commonly used antipsychotic (200 times more potent than chlorpromazine)

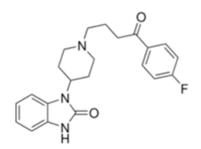
### Haloperidol (Haldol)

4-[4-(4-Chlorophenyl)-4-hydroxy-1-piperidyl] -1-(4-fluorophenyl)-butan-1-one



### **Droperidol** (Innovar)

1-{1-[4-(4-fluorophenyl)-4-oxobutyl]-1,2,5,6-tetrahydropyridin-4-yl]-1,3-dihydro-2*H*-benzimidazol-2-one



### Benperidol

1-{1-[4-(4-fluorophenyl)-4-oxobutyl]piperidin-4-yl}-1,3-dihydro-2*H*-benzimidazol-2-one

# **Structure Activity Relationships of Butyrophenones**

All butyrophenone derivatives displaying high antipsychotic activity have the following general structure:

$$F \xrightarrow{p} \begin{array}{c} 1 & 2 & 3 & 4 & 1' \\ \hline C - CH_2 \cdot CH_2 \cdot CH_2 - N \end{array} \begin{array}{c} R^2 \\ 4' \\ R^3 \end{array}$$

- •p-fluorobutyrophenone skeleton is essential for neuroleptic activity.
- All potent compounds have a fluorine substituent in the *para* position of the benzene ring. Replacing F with other groups like Cl-, Br-, -OCH<sub>3</sub> decreases activity

# **Structure Activity Relationships of Butyrophenones**

- Replacement of the keto group by a thioketone group decreases neuroleptic activity.
- Reduction of the keto group to alcohol decreases potency.
- Lengthening, shortening, or branching of the three carbon (propyl) chain decreases neuroleptic potency.
- Variations are possible in the tertiary amino group without loss of neuroleptic potency. Nitrogen atom is usually incorporated into a six membered ring (piperidine, tetrahydropyridine, or piperazine), which usually has another substituent in position 4.
- R2 group should be aromatic. R3 group helps with activity, could be a –
   OH group as in the case of haloperidol.

### haloperidol

$$F \xrightarrow{p} \begin{array}{c} 1 & 2 & 3 & 4 & 1' \\ -C - CH_2 \cdot CH_2 \cdot CH_2 - N \\ O \end{array} \begin{array}{c} R^2 \\ R^3 \end{array}$$

# **Synthesis of Haloperidol**

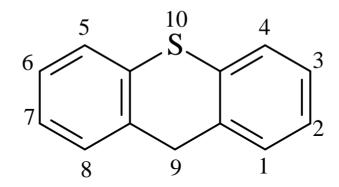
4-chlorobutanoyl chloride 1 was reacted with fluorobenzene in presence of aluminum chloride using carbon disulfide as solvent at ambient temperatures to give 4-chloro-1-(4-fluorophenyl)butan-1-one.

Heating this compound with 4-(p-chlorophenyl)piperadine-4-ol in presence of potassium iodide as catalyst and toluene as solvent affords **Haloperidol**.

### **Conditions:**

- i. Fluorobenzene, aluminum chloride, carbon disulfide, room temperature, 2 h,
- ii. 4-(p-chlorophenyl)piperadine-4-ol, potassium iodide, toluene, 100 110 °C

# **Antipsychotics – Thioxanthene Derivatives**

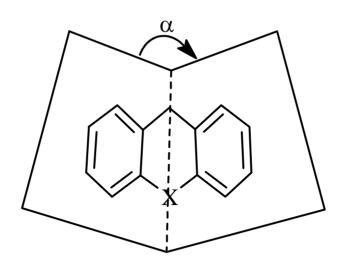


- Structurally related to phenothiazine derivatives, they resulted from isosteric replacement in chlorpromazine and analogs.
- Their pharmacological actions and adverse effects are very similar to those of phenothiazine derivatives.
- Examples include **chlorprothixene**, **flupentixol**, **and thiothixene**.

# **Structure Activity Relationships of Thioxanthene Derivatives**

# The structure-activity relationship of the thioxanthene mimic that of the phenothiazines:

• The thioxanthene ring is also nonplanar: the angle between the two phenyl planes is 142° in chlorprothixene, 150° in flupentixol, and 142° in thiothixene.



### **Thioxanthene Derivatives**

- ✓ Chlorprothixene (Cloxan, Taractan, Truxal) is a typical antipsychotic
  drug of the thioxanthene class and was the first of the series to be synthesized
- ✓ Cis thioxanthene analog of chlorpromazine

S N

Chlorpromazine

(Z)-3-(2-chlorothioxanthen-9-ylidene)-N,N-dimethyl-propan-1-amine

### ✓ Flupentixol

(EZ)-2-[4-[3-[2-(trifluoromethyl)thioxanthen-9-ylidene]propyl]piperazin-1-yl]ethanol

# **Synthesis of Thioxanthene Derivatives**

- ✓ 2-substituted-9*H*-thioxanthen-9-one is prepared by the reaction of 2-mercaptobenzoic acid and 4-substituted bromobenzene and following Friedel Crafts reaction in the presence of a strong Lewis acid catalyst (such as aluminium chloride).
- ✓ Then 2-substituted-9*H*-thioxanthen-9-one is combined with an appropriate alkyl magnesium bromide to give 9-alkyl-2-substituted-9*H*-thioxanthen-9-ol. Treatment with a dehydration agent gives the corresponding 9-propylidene derivative.

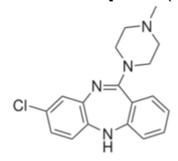
# **Atypical Antipsychotics**

- ✓ Neuroleptics having dopamine receptor-blocking properties are frequently responsible for the development of movement disorders.
- ✓ **Atypical antipsychotics** are newer antipsychotic agents that have a pharmacological profile different from older or typical antipsychotic drugs.
- ✓ They cause less extrapyramidal side effects compared to the older typical antipsychotic drugs.
- ✓ They are more effective in treatment-resistant patients and have a greater efficacy to treat negative symptoms, compared to the typical antipsychotics.
  - ✓ The three most accepted atypical drugs are; clozapine, risperidone and olanzapine

# **Atypical Antipsychotics**

**Clozapine** is an medication used in the treatment of schizophrenia, and is also sometimes used off-label for the treatment of bipolar disorder. It is the first of the atypical antipsychotics to be developed.

### Clozapine (Clozaril, FazaClo)

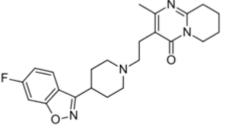


8-Chloro-11-(4-methylpiperazin-1-yl)-5*H*-dibenzo[*b*,*e*][1,4]diazepine

**Olanzapine** (Zyprexa)

2-methyl-4-(4-methyl-1-piperazinyl)-10*H*-thieno[2,3-*b*][1,5]benzodiazepine

## Risperidone (Risperdal)



4-[2-[4-(6-fluorobenzo[d]isoxazol-3-yl)-

1-piperidyl]ethyl]-3-methyl-

2,6-diazabicyclo[4.4.0]deca-1,3-dien-5-one

# Amisulpride (Amipride, Amival, Sulpitac)

(RS)-4-amino-N-[(1-ethylpyrrolidin-2-yl)methyl]-5-ethylsulfonyl-2-methoxy-benzamide

**Oxypertine** (Equipertine, Forit)

5,6-dimethoxy-2-methyl-3-[2-(4-phenylpiperazin-1-yl)ethyl]-1*H*-indole

# **Synthesis of Clozapine**

3-chloro-5,11-dihydrobenzo[b][1,4]benzodiazepin-6-one was treated with phosphoroxichloride in presence of dimethylformamide as catalyst using chloroform as solvent to give 3,6-dichloro-11H-benzo[b][1,4]benzodiazepine.

Treatment of this with N-methylpiperazine in refluxing dioxane affords **Clozapine**.

### **Conditions:**

- i. Phosphoroxichloride, Dimethylformamide, chloroform, reflux, 2 h,
- ii. N-methylpiperazine, dioxane, reflux, 4 h

### RESERPINE AND RELATED ALKALOIDS

**Reserpine** was isolated in 1952 from the dried root of *Rauwolfia* serpentina (Indian snakeroot) and is an indole alkaloid antipsychotic. It is now mainly of historic interest in psychiatry.

It is less effective as a neuroleptic than the other drugs already discussed, and it is now used only on occasions when patients can not tolerate other classes of antipsychotic drugs.

### Rezerpine



Rauvolfia serpentina